

# KUKAILIMOKU



154 Tactical Fighter Group

Vol. 24 No. 9 September 1978

## COMMANDER'S CORNER

After reading the July 78 TIG Brief, a few ideas crossed my mind which I would like to pass on to your "brain wave" exercise period. As a member of the 154th, we have launched ourselves into a new ballgame called "Readiness Now". This is why your commanders and supervisors are reappraising the way they do things. We are seeking to achieve some semblance of sanity by comparing what we are doing to where we are heading and hopefully we will conclude that getting there fast is not as important as knowing first where "there" is.

Aircrews are into new and diversified training called Air Combat Maneuvering (ACM) which requires considerable judgment and skill to master. CAMRON is providing more aircraft sorties while improving the quality of the F-4s. Your support services is seeking ways to improve service for our people...which includes our dining hall menus. A harder look at all of our training programs has been started and UTA exercises will offer greater realism in meeting the combat environment scenario.

We are enlisting people on a more difficult scale because we are seeking to avoid picking up amateurs; instead we are seeking to enlist and retain professionals who know their job, who are willing to face the risk of new challenges and who care about the results of their work effort. My staff and I are dedicated to that posture and the changes that will be made will meet your demands of common sense and purpose.

## TA 335 REVIEW CONFERENCE

A formal table of allowance (TA) 335 F-4C equipment review was conducted at the 154th Tac Ftr Gp, Hickam AFB on 15-18 August 1978. Representatives from the National Guard Bureau (ANGSC/LGRE), Hq PACAF, Warner Robins ALC, Oklahoma City ALC, Ogden ALC, Hq HANG, and the 154th Tac Ftr Gp were present.

The purpose of the conference was to review TA 335 allowances to insure compatibility with equipment items being transferred from TA 333 which were necessary to support the air defense mission of the 154th Tac Ftr Gp.

(continued)

154TH WING  
HISTORY OFFICE  
FILE # 2.98-792

NGB, Hq PACAF and AFLC personnel had the following comments: "Great appreciation is extended to all the 154th TFG personnel who truly exhibited a professional attitude throughout the conference. It was very evident that many hours were spent by them to prepare for this TA 335 review. The 154th TFG personnel were very knowledgeable of their respective areas and were totally dedicated to insure that their inputs to this TA Review would provide the 154th TFG with the necessary equipment to accomplish its mission. It was truly a pleasure to have worked with such a well prepared, most knowledgeable, and very dedicated group of people. Our sincere thanks to each of them. Finally, we would like to thank the 154th for the many courtesies and unending hospitality extended to us during our stay in Hawaii.

A TIP OF THE HAT TO MAINTENANCE AND SUPPLY!

Our special thanks to Major James K. Iwamura and MSgt Howard A. Okita for "their splendid support and fine work" during this conference to insure the necessary coordination with custodians, administrative details, billeting and transportation were provided.

#### HANG'MEN VISIT RENO

Air National Guardsmen from Supply and Combat Support Squadron recently took part in a cross training program with the 152nd Tactical Reconnaissance Group in Reno.

Thirty three HANG members spent seven days field training at the Nevada base, toured the base, which is similar in size to our own, and were able to compare facilities and operations. They also visited Virginia City, the new MGM hotel and several of the main casinos, Harrah's antique car collection and Lake Tahoe. They returned to Hawaii on Aug 4th with fifteen members of the 152nd TRG Supply Section.

The visiting Guardsmen toured facilities on Hickam and also spent three days with the 150 ACW Sq on Kauai.

For some of the visitors this was their first view of the ocean.

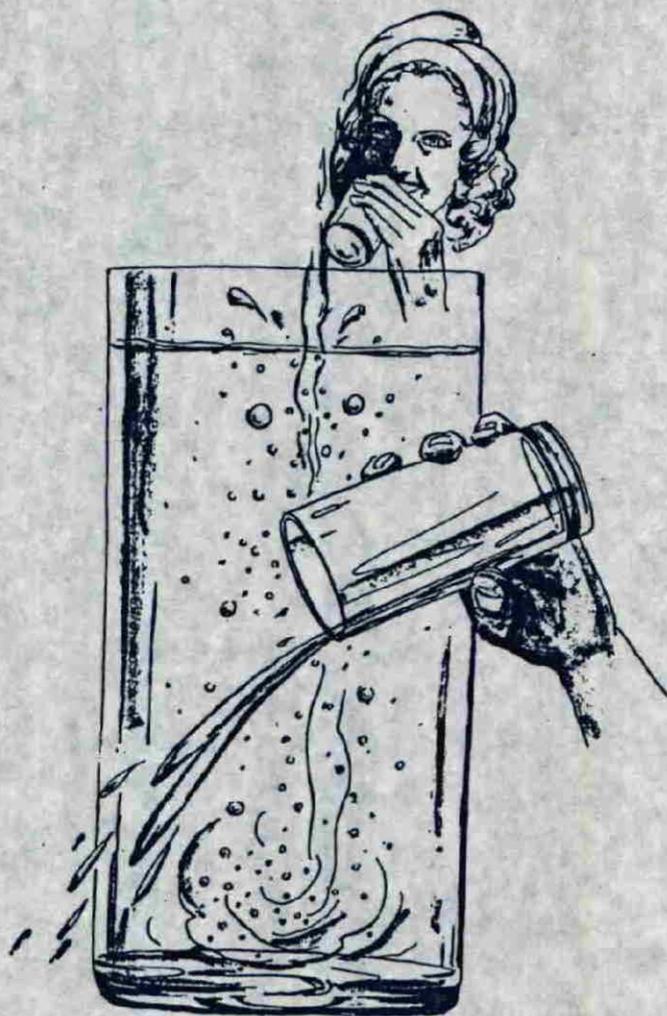
They were very impressed with our location. "LUCKY YOU LIVE HAWAII BRAH!"

Hickam's Supply Sq hosted a picnic on Aug 6th at the Pearl Harbor PWC and a Hawaiian luau was held at Foster Point on Aug 12th.

The Nevadans returned to Reno on Aug 13th taking with them new knowledge, new friendships, pleasant memories and much ALOHA!

#### ROYAL GUARD MEMBERSHIP MEETING NOTICE

1500 Hrs at the 154TFG mess hall, ~~Sunday~~ 17 Sept 78. All members and anyone interested in being part of the Royal Guard, please attend.



## Keep your cool!

By CAPT Sam Barboo, MSC

SITTING in a hot place is downright uncomfortable. Working in a hot place can be fatal. This is because the body is a chemical heat engine. Muscle power heat must be cast off from inside the body, or else certain temperature regulators

in the brain will shut down. The result can be heatstroke.

Heatstroke is a medical emergency, treated by immersion in ice water to cool the blood, nerve tissues, and especially the brain to prevent permanent damage.

Heat exhaustion is a more common result of body heat buildup when the skin's blood supply shuts down. It starts with headache; tingling sensation in the hands, arms, and legs; pale complexion; troubled breathing; and sometimes nausea and vomiting. Treatment requires moving the person to a cool place and getting him to drink water. Other results of a hot environment are rash, cramps, fainting, and dehydration.

The best way to avoid heat illness is to drink cool water in quantity. The body can lose almost 4 quarts each hour when a person is working in hot weather. Drink cool water and other fluids beyond the desire to slake thirst. Along with drinking water, one should heavily salt his food to replace the salt lost through sweat. Salt pills are out. The use of salt pills has caused nausea, vomiting, and kidney damage.

Spot cooling is desirable to evaporate sweat. Sweat evaporation is the only way the body can rid itself of internal heat in hot, confined spaces. Sweating skin is the body's radiator; air blowers evaporate the sweat.

The dog days of summer will soon be on us. Most heat casualties take place during the first part of the hot season when people are still getting used to energetic work and play. Drink plenty of water, salt down your food, and be on the lookout for your fellow workers who may be showing signs of illness. Of course, all heat casualties

taken to the dispensary as soon as possible.

Remember, alcohol — beer, cocktails, etc. — further dehydrates body cells. Cold, clear water is the body's answer in preventing heat illnesses.

7th ANNUAL EANGUS CONFERENCE

PRINCESS KAIULANI HOTEL

25 THROUGH 29 SEPTEMBER 1978

\*\*\* Tuesday, September 26 through Friday, September 29, 1978 Business Meetings - Aina Hau Ballroom

\*\*\* Tuesday, September 26, 1978 Mixer Party - Princess Kaiulani Hotel

1800 hours to ????? Cost: \$5.00

Includes: Hawaiian Show  
2 Free Standard Drinks  
8 Different Types of Pupus  
Dancing

\*\*\* Friday, September 29, 1978 States Luau - Royal Hawaiian Hotel

1830 hours to ????? Cost: \$10.00

Includes: Hawaiian Show  
Maitais

All Hawaii National Guard personnel (wives and girlfriends) are welcome to attend.

For tickets to the Mixer Party or States Luau, contact the following:

MSgt Tom Sato, CAMRON  
MSgt Benny Goo, CAMRON  
TSgt Gary Fujii, CAMRON

SMSgt Arthur Lee, CAMRON  
MSgt Wayne Soma, Cmbt Spt Sq  
TSgt Bert Narita, 202nd Cmbt Comm Flt

THE NATIONAL GUARD BUREAU

The National Guard Bureau was established by law as a Joint Bureau of the Departments of the Army and the Air Force in 1933 and is responsible for administration of the National Guard.

The National Guard Bureau does not have command authority but is the channel of communication between the States and the Departments of the Army and the Air Force.

The National Guard Bureau works with the Army and Air Force staffs in the development and coordination of all programs pertaining to or affecting Guard units in the several States, the Commonwealth of Puerto Rico, the Virgin Islands and the District of Columbia.

The Chief, National Guard Bureau reports through the Army Chief of Staff to the Secretary of the Army, and through the Air Force Chief of Staff to the Secretary of Air Force and is the principal staff advisor on National Guard affairs. The Chief, National Guard Bureau is appointed by the President for a term of four years. The grade authorized for this position is major general. Capt. Gibson, NGB/O1