



# Army Benefits Center-Civilian

# CSRS Overview



Updated 10/17/2014

# INTRODUCTION



**ABC-C MISSION:** We are a top performing, caring team of Civilian Human Resource professionals providing quality benefits and entitlements services to our customers through a centralized automated contact center.

**ABC-C SERVICES:** Provide advisory services and process transactions for:

- Federal Employees Health Benefits (FEHB)
- Federal Employees' Group Life Insurance (FEGLI)
- Thrift Savings Plan (TSP)
- Retirement (FERS & CSRS)
- Survivorship (Death Claim Processing)

# ABC-C SYSTEMS

## Employee Benefits Information System (EBIS) – Web Based

- Customer-friendly
- Available 24 hours a day (with CAC Access)
- Secure site
- Requires use of SSN and PIN
- Ability to read at convenience
- Ability to print screens of information
- Can process benefits transactions without counselor assistance
- Ability to print benefits forms
- Estimate calculators (Uses LV SCD Only)
- ABC-C website: <https://www.abc.army.mil>



# ABC-C SYSTEMS

## Telephone



- Lets you connect with a counselor
  - Available to those without computer access
  - Counselors are available 12 hours a day  
(6 a.m. till 6 p.m. Central Time)
  - ABC-C toll-free telephone number is 1-877-276-9287
- \*Option #3 for National Guard Personnel

# Goals Matrix FY Annual Report 2014

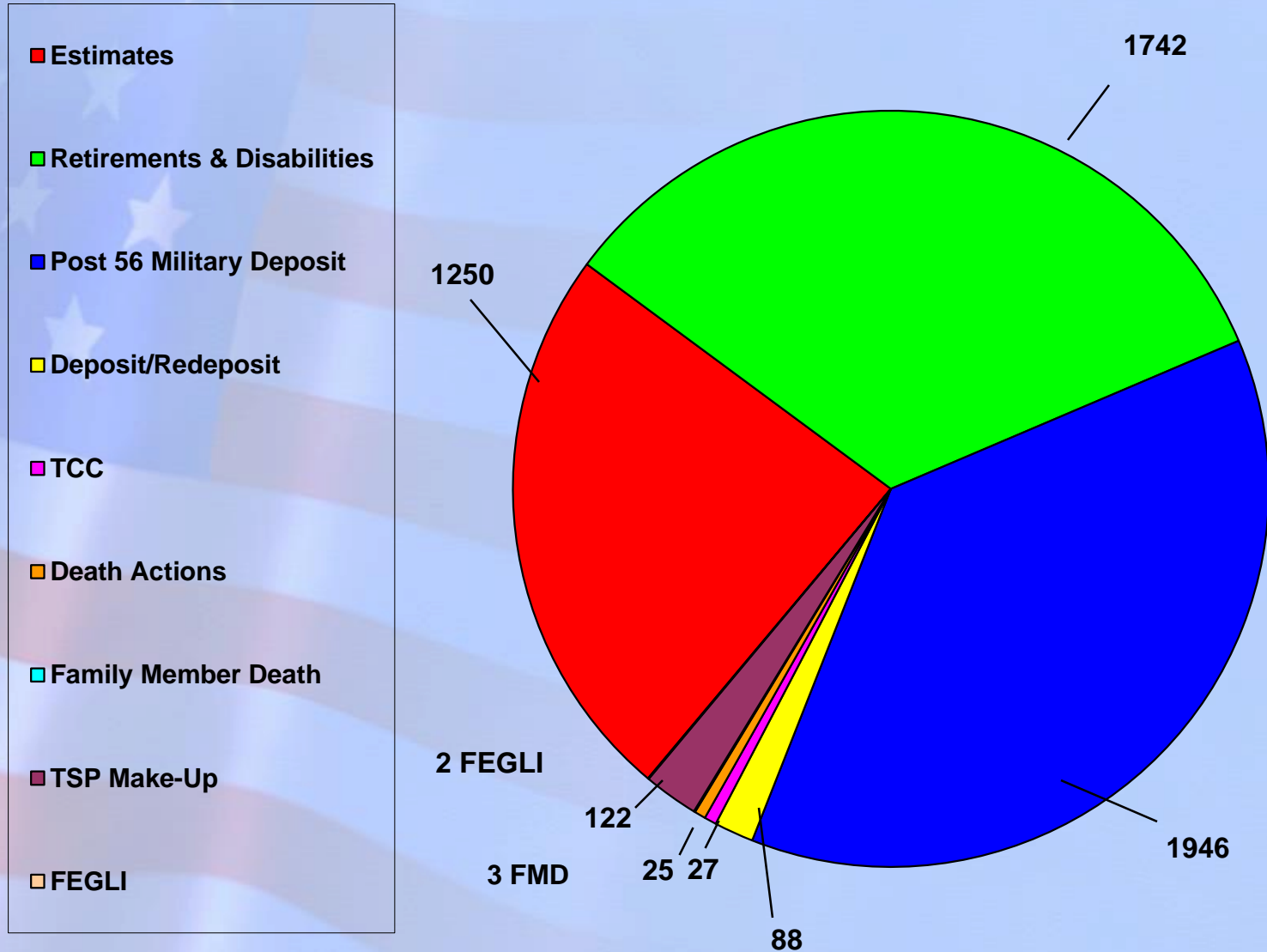
Objective:	Current Goals	Current Annual Performance	Reference
Average T-Metrics Answer Time	< 3:00 Minutes	00:14 Seconds	8,363/16,957 Incoming Calls 9,946 Call Tickets Recd.
Average T-Metrics Call Length	15 Minutes or Less	10 Minutes 15 Seconds	
Retirement Packages Completed	NLT 5 Working Days Prior to DOR	65.20% Overall	1,089/1,026 Retirements Completed
Death Packages Completed	NLT 5 Working Days after Receipt of Claim Forms from Survivor	1.9 Calendar Days	35/29 In Service Deaths Completed
Disability Packages Completed	NLT 5 Working Days after all Required Documentation Received for Preliminary Action	1.42 Calendar Days	788/716 Disabilities Completed
Estimates Completed and Sent to Employee	NLT 14 Days after Receipt of Request	18 Calendar Days Turnaround time to customer/ABC- C Turnaround time 9.93 days	1,408/1,250 Estimates Completed

Red indicates previous year



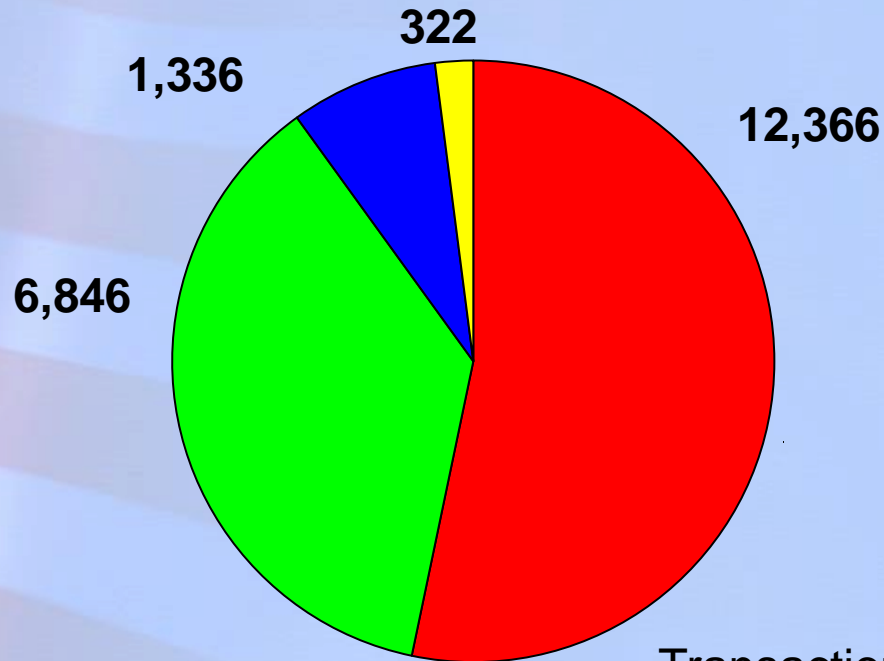
# PRODUCTION SUMMARY

FY 2014 Report (1 Oct 2013-31 Sep 2014)



# Benefits Transaction Summary

## FY Annual Report 2014



Transaction Source:

EBIS (Web) – 20,870

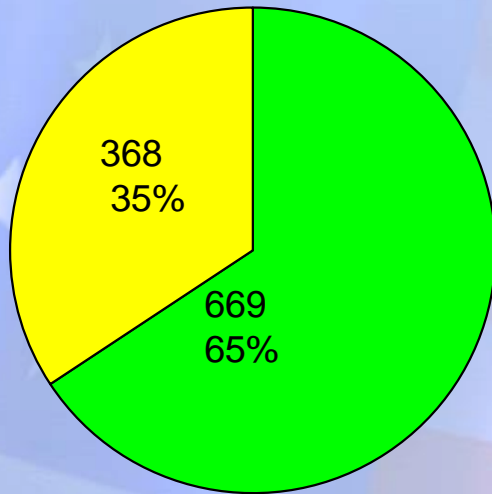
IVRS (Phone) – 133

Counselor Assisted – 1,173

Total Transactions = 22,176<sup>7</sup>

# RETIREMENT PROCESSING TIME

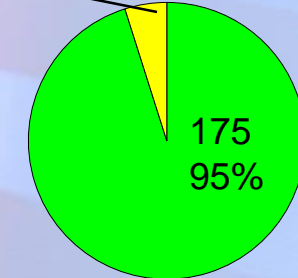
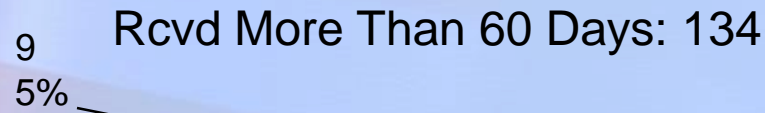
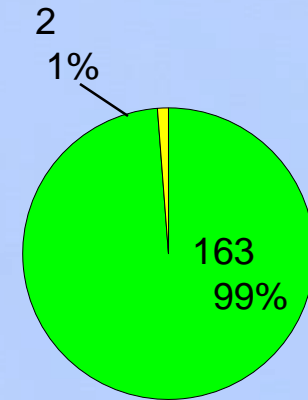
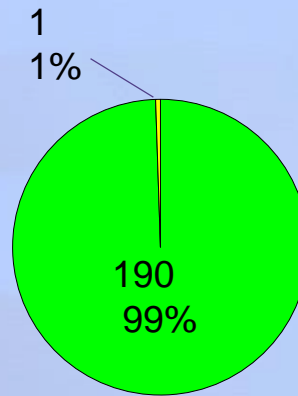
FY 14 (1 Oct 2013-30 Sep 2014)



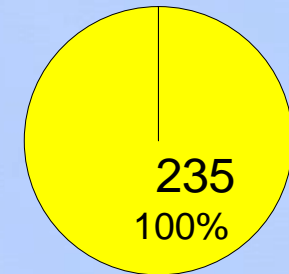
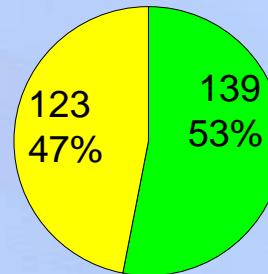
Total: 1037

■ Met

■ Did Not Meet



Rcvd 31-60 Days: 198



Rcvd 16-30 Days: 170

Rcvd 1-15 Days: 255

Rcvd On/After DOR: 220

Goal: Complete retirement package NLT 5 working days prior to DOR.



# CONTINUING CHALLENGES

- Last minute VERA/VSIP approvals
- Incomplete retirement application submissions
- Short notice retirement applications
- Federal Erroneous Retirement Coverage Corrections Act (FERCCA)
- Aging workforce



# ON THE HORIZON

- Growing serviced population
- Phased Retirements (may not apply to NGB)
- eBATS (Benefits Automated Tracking System for employees)
- eRetirement



# ANY QUESTIONS?



# RETIREMENT PLANNING



# RETIREMENT PLANNING



- Early Career – 25 + years to retirement
  - Enroll in TSP
  - Enroll in benefits (FEHB, FEGLI, FEDVIP, FSA)
  - Pay civilian deposit
  - Pay military deposit
  - New Employee Orientation briefing -  
<https://www.abc.army.mil/NewEmployee/NewEmployeeOrientation.htm>
- Mid Career – 10 - 24 years to retirement
  - Adjust benefits based on life situation
  - Review level of TSP participation & allocation between the funds



# RETIREMENT PLANNING

- Late Career:
  - Less than 10 years prior to retirement:
    - Use calculators in EBIS to get a rough estimate of annuity
    - Determine income needed in retirement using the Federal Ballpark E\$timate calculator
    - Adjust TSP contributions & other savings based on results from calculators
  - Five years to retirement:
    - Verify eligibility to continue FEHB & FEGLI into retirement
    - Request a retirement estimate
    - Maximize TSP contributions & other savings



# RETIREMENT PLANNING LINKS

Federal Ballpark E\$timate:

<https://www.opm.gov/retire/tools/calculators/ballpark/BallparkIntro.asp>

Retirement information & services provided by OPM:

<http://www.opm.gov/retire/index.asp>

U.S. Financial Literacy Education Commission website:

<http://www.mymoney.gov>

Army Benefits Center–Civilian EBIS:

<https://www.abc.army.mil>



# CIVIL SERVICE RETIREMENT SYSTEM (CSRS)

- New employees first hired in covered position prior to 01-01-1984
- Contribute 7% of salary to CSRS
- Do not contribute to Social Security
- Can contribute to TSP up to IRS limit, but no agency matching
- Lose eligibility for CSRS coverage if there is a break in service after 01-01-1984 of more than 1 year

# CSRS INTERIM

- Employees first hired on/after 01-01-1984 & certain rehires
- Reduced CSRS contribution rate of 1.3%
- Contribute to Social Security
- On 01-01-1987, employees with CSRS Interim coverage changed to:
  - CSRS Offset if you had at least 5 years of civilian service
  - FERS if you had less than 5 years of civilian service

# CSRS OFFSET

- Employees who were in CSRS Interim and had at least 5 years of civilian service as of 12-31-1986
- Employees who are or become subject to Social Security due to break in service & have at least 5 years of civilian service
- Reduced CSRS contribution rate of 0.8%
- Contribute to Social Security
- CSRS retirement benefits are “offset” by the value of your CSRS Offset service in your Social Security benefits

# CSRS OFFSET

- You will receive a full CSRS annuity at retirement that is computed under the CSRS rules.
- HOWEVER, your annuity will be reduced when you become eligible to receive Social Security benefits.
- CSRS Offset annuity is reduced by the portion of your total Social Security benefit that is payable based on Federal service performed after 1983.
- If you never become eligible for Social Security benefits based on your own employment, there is no Offset.

# CSRS OFFSET

Example: Employee has 5 years and 8 months of Offset service

The CSRS Offset is determined by taking the lesser of the 2 below computations

## Computation #1

Social Security monthly benefit with Federal Offset service.....\$1,800

Social Security monthly benefit without Federal Offset service..\$1,500

Difference..\$ 300

## Computation #2

Social Security amount with Federal earnings =

\$1,800 X 6 years\* = \$10,800 divided by 40 = \$270

\* Nearest whole year to 5 years 8 months

Result: The reduction in this case would be based on computation #2, or \$270



# RETIREMENT SERVICE COMPUTATION DATE (RSCD)

- Used to determine retirement eligibility and to calculate retirement annuity
- May not be the same as your Leave SCD (SCD that appears on your SF 50 & LES)
- Not all service that is creditable for leave is creditable for retirement

# RETIREMENT SERVICE COMPUTATION DATE (RSCD)

- Examples of service that is creditable for leave but not for retirement:
  - Non-Appropriated Fund (NAF) service on a temporary appointment
  - For retired military, campaign or combat service if retired military pay is not being waived
  - If hired on/after 10-01-82, military service for which deposit has not been paid

# **CIVILIAN DEPOSIT/ REDEPOSIT**

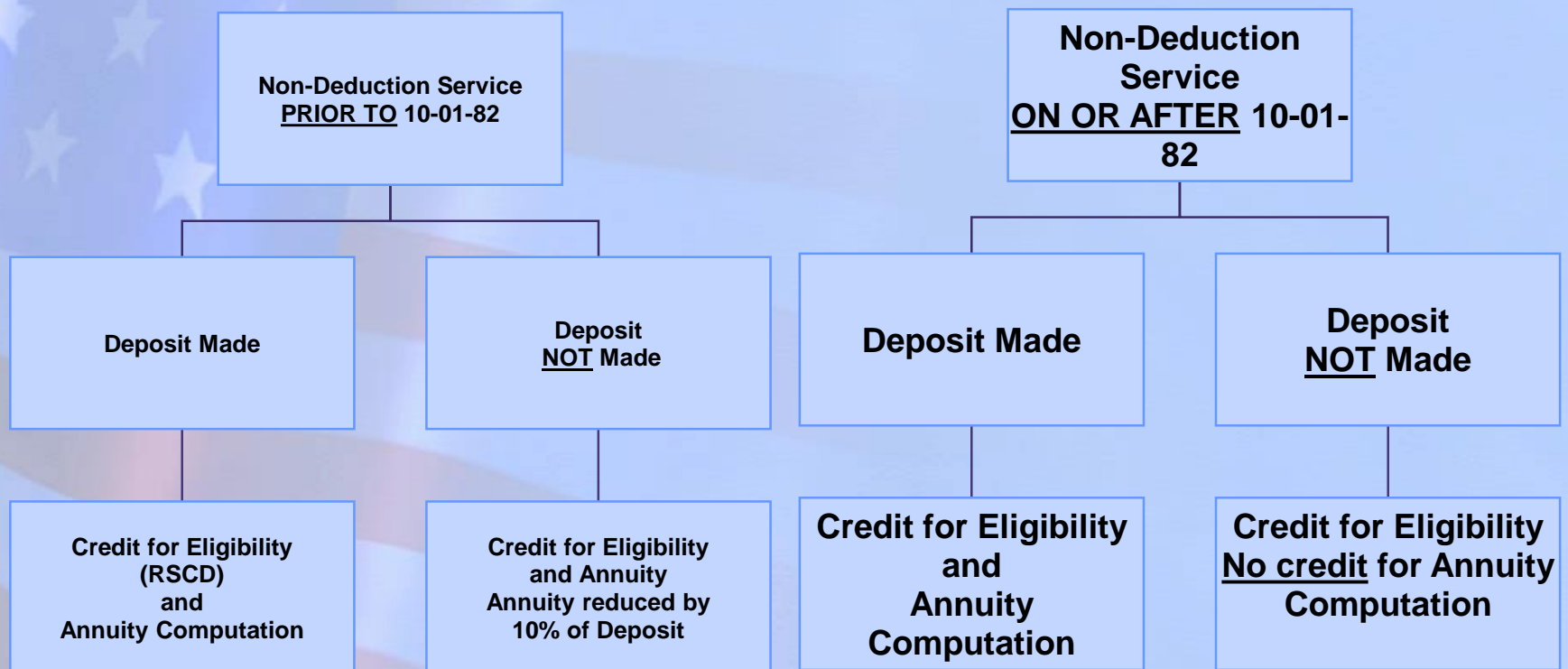


# WHAT IS DEPOSIT SERVICE?

- Any period of potentially creditable service during which retirement deductions are not withheld:
  - Generally, non-career time such as temporary or indefinite service
  - Also known as non-deduction service
- Service that is now considered Federal employment, due to a change in the law that allows credit for retirement annuity computation purposes (Peace Corps, VISTA)
- Amount of deposit:
  - 7% of earnings + interest
  - Interest will vary by the date the service was performed



# ★ DEPOSIT SERVICE



# WHAT IS REDEPOSIT SERVICE?

A sum of money paid into the Fund by an employee or survivor to cover a period of service during which deductions were withheld but later refunded under CSRS provisions

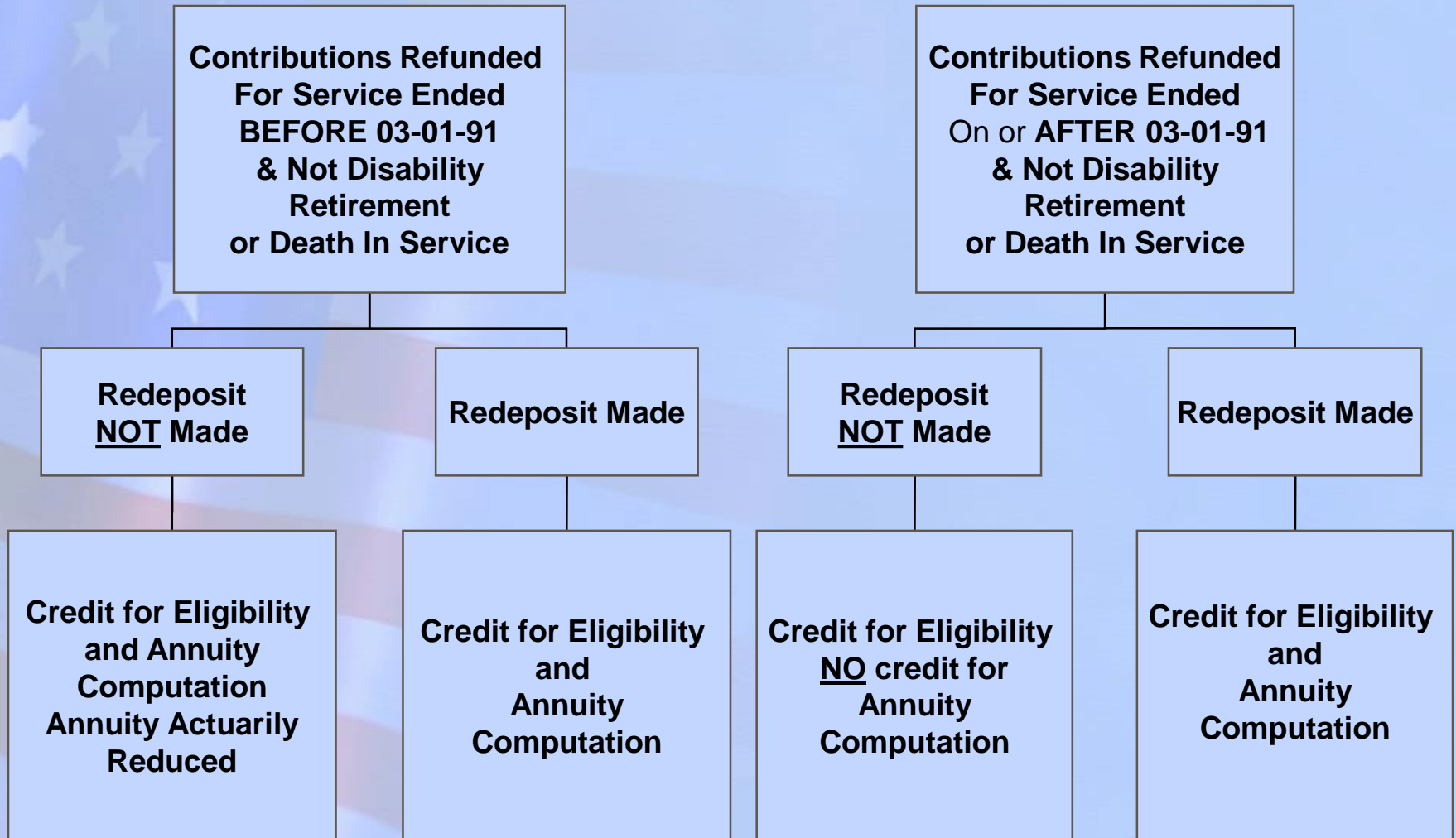


- Redeposit = Amount of refund plus interest  
*(Interest accrues from date of refund check)*

*Note:* Redeposit may be made before or after retirement.



# REDEPOSIT SERVICE



# INTEREST RATES

YEAR	RATE	YEAR	RATE	YEAR	RATE
2014	1.625%	2003	5%	1992	8.125%
2013	1.625%	2002	5.5%	1991	8.625%
2012	2.25%	2001	6.375%	1990	8.75%
2011	2.75%	2000	5.875%	1989	9.125%
2010	3.125%	1999	5.75%	1988	9.125%
2009	3.875%	1998	6.75%	1987	8.375%
2008	4.75%	1997	6.875%	1986	9%
2007	4.875%	1996	6.875%	1985	11.125%
2006	4.125%	1995	7%	1984	13%
2005	4.375%	1994	6.25%	1948 - 1984	3%
2004	3.875%	1993	7.125%	Before 1948	4%

# HOW TO PAY A CIVILIAN DEPOSIT OR REDEPOSIT

- Complete front page of SF 2803, *Application to Make Deposit or Redeposit (CSRS)*, and send to the ABC-C.
- ABC-C will calculate an estimated deposit/redeposit amount and mail to OPM.
- OPM will notify you of final deposit/redeposit amount and payment procedures.
- Ensure “Payment In Full” notice is filed in eOPF.
- More information is available on the ABC-C website at <https://www.abc.army.mil/retirements/CSRSDepositService.htm>

# Military Deposits



# PRE 01-01-1957 MILITARY SERVICE

No deposit required for creditable military service performed prior to 01-01-1957





# CREDIT FOR POST-56 MILITARY SERVICE

IN RECEIPT OF MILITARY  
RETIRED PAY

Based on Non –  
Combat Disability or  
Length of Service

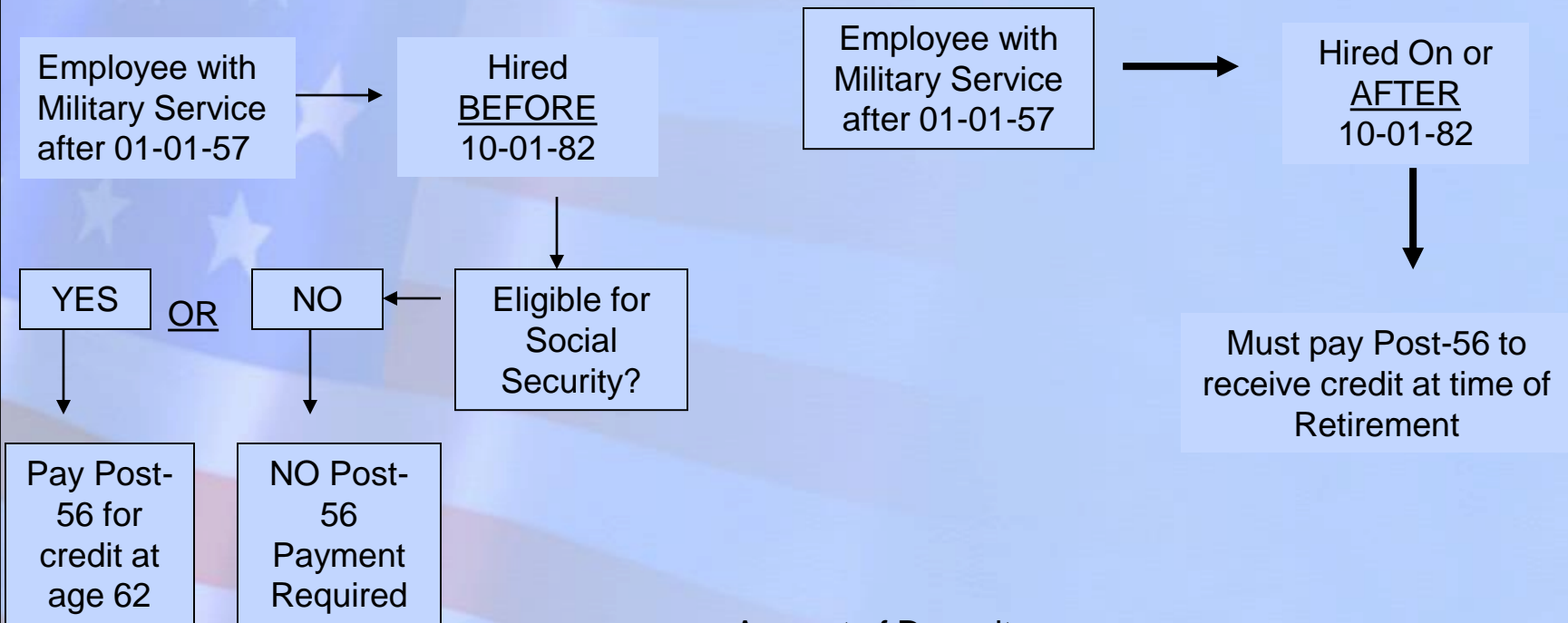
No Credit unless  
Military Retired Pay  
is waived

Based on Combat Disability  
or Chapter 1223, Title 10  
(Reserves)

Hired Before or After  
10-01-82? See Next  
Slide



# CIVILIAN SERVICE CREDIT FOR POST-56 MILITARY SERVICE



## Amount of Deposit:

7% of base pay earned + interest (2 yrs interest free)  
(Interest will vary)

# HOW TO PAY A MILITARY DEPOSIT

- Complete Form RI 20-97, *Estimated Earnings During Military Service*, and send to the appropriate branch of service (addresses are on the ABC-C website). Include copies of all of your DD 214s.
- Upon receipt of estimated earnings, include your DD 214, SF 2803 page 1 and SF 2803A and forward to the ABC-C. The ABC-C will calculate an estimate of the deposit owed and forward to DFAS.
- DFAS will finalize the amount owed and advise you of payment options.
- Ensure “Payment In Full” notice is filed in OPF.
- Military deposit must be completed in full **prior to separation**.
- More information is available on the ABC-C website at <https://www.abc.army.mil/retirements/CSRSPost56.htm>

# RETIREMENT REQUIREMENTS



# TYPES OF RETIREMENTS

- Optional Retirement
- Voluntary Early Retirement Authority (VERA)
- Discontinued Service Retirement (DSR)
- Deferred Retirement
- Disability Retirement
- Public Law 97-253 Disability (National Guard)



# ★ GENERAL ELIGIBILITY ★ REQUIREMENTS

- Have at least 5 years of creditable civilian service with the Federal government.
- Have been employed under CSRS for at least 1 year out of the last 2 years preceding your final separation from Federal employment.
- Must separate from a position subject to CSRS coverage.





# OPTIONAL RETIREMENT

- Eligibility requirements for Optional Retirement:
  - Age 55 with 30 years of service
  - Age 60 with 20 years of service
  - Age 62 with 5 years of service
- Must have at least 5 years creditable civilian service.
- Military service or sick leave may not be used to reach the five year rule.
- Annuity accrues the day after your retirement if your retirement is effective on the last day of month or the first three days of month.
- Annuity accrues the first day of following month if your retirement is effective after the third day of month.





# VOLUNTARY EARLY RETIREMENT AUTHORITY (VERA)

## EMPLOYEE ELIGIBILITY REQUIREMENTS:

- Age 50 with 20 years of creditable service
- Any age with 25 years of creditable service
- Must include 5 years of creditable civilian service
- Agency/Installation must approve

## EFFECT ON EMPLOYEE BENEFITS:

- 2% reduced annuity for each year under 55
- Permanent reduction

# DISCONTINUED SERVICE RETIREMENT (DSR)

## EMPLOYEE ELIGIBILITY REQUIREMENTS:

- Age 50 with 20 years of creditable service
- Any age with 25 years of creditable service
- Must include 5 years of creditable civilian service
- Must receive a specific written notice of a proposed involuntary separation from your Agency/Installation
- Annuity accrues day after separation

## EFFECT ON EMPLOYEE BENEFITS:

- 2% reduced annuity for each year under 55
- Permanent reduction
- NOT eligible for VSIP or severance pay



# DEFERRED RETIREMENT

A deferred annuity is payable at age 62 to an individual who separates from service and is not entitled to an immediate annuity:

- At least five years of creditable civilian service
- Must meet the one-out-of-two requirement at the date of separation
- Has not taken a refund of retirement deductions for the last period of service

FEHB and FEGLI **will not** be reinstated at the time your annuity commences. Your application for retirement is sent directly to OPM.

# RETIREMENT FORMS

- SF 2801, Application for Immediate Retirement
  - Copy of marriage certificate, if married at time of retirement
  - SF 2801, Schedule A (Military Service Information), Schedule B (Military Retiree Pay), Schedule C (Federal Employees Compensation Information)
  - SF 2801-2, Spouse's Consent to Survivor Election
  - SF 2818, Continuation of Life Insurance Coverage
  - W-4P, Withholding Certification for Pension or Annuity Payment
  - State Tax Forms, if applicable
  - SF 2809, Health Benefits Registration Form or RI 79-9 (Suspension of FEHB for Medicare or TRICARE)
  - DD 214, Report of Separation from Active Duty (or equivalent)
  - Proof of payment of military deposit (OPM 1514, Military Deposit Worksheet, or equivalent)
  - Written notice of proposed separation (DSR, VSIP, VERA etc)
  - <https://www.abc.army.mil/Forms/RetirementForms.htm>
- \*\* For Deferred retirement forms, contact OPM

# UNUSED SICK LEAVE

- Must retire on an immediate annuity
- Added to length of service for computation purposes only
- Additional time computed on the basis of a 2087 hour work year



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**Chart 2. -- Sick Leave Chart 2087 Hours**

Chart for Converting Hours of Unused Sick Leave to Months and Days (See section 50A2.1-3G).

DAYS	1 Day	1 Month	2 Months	3 Months	4 Months	5 Months	6 Months	7 Months	8 Months	9 Months	10 Months	11 Months
0	0	174	348	522	696	870	1044	1217	1391	1565	1739	1913
1	6	180	354	528	701	875	1049	1223	1397	1571	1745	1919
2	12	186	359	533	707	881	1055	1229	1403	1577	1751	1925
3	17	191	365	539	713	887	1061	1235	1409	1583	1757	1930
4	23	197	371	545	719	893	1067	1241	1415	1588	1762	1936
5	29	203	377	551	725	899	1072	1246	1420	1594	1768	1942
6	35	209	383	557	730	904	1078	1252	1426	1600	1774	1948
7	41	214	388	562	736	910	1084	1258	1432	1606	1780	1954
8	46	220	394	568	742	916	1090	1264	1438	1612	1786	1959
9	52	226	400	574	748	922	1096	1270	1444	1617	1791	1965
10	58	232	406	580	754	928	1101	1275	1449	1623	1797	1971
11	64	238	412	586	759	933	1107	1281	1455	1629	1803	1977
12	70	243	417	591	765	939	1113	1287	1461	1635	1809	1983
13	75	249	423	597	771	945	1119	1293	1467	1641	1815	1988
14	81	255	429	603	777	951	1125	1299	1472	1646	1820	1994
15	87	261	435	609	783	957	1130	1304	1478	1652	1826	2000
16	93	267	441	615	788	962	1136	1310	1484	1658	1832	2006
17	99	272	446	620	794	968	1142	1316	1490	1664	1838	2012
18	104	278	452	626	800	974	1148	1322	1496	1670	1844	2017
19	110	284	458	632	806	980	1154	1328	1501	1675	1849	2023
20	116	290	464	638	812	986	1159	1333	1507	1681	1855	2029
21	122	296	470	643	817	991	1165	1339	1513	1687	1861	2035
22	128	301	475	649	823	997	1171	1345	1519	1693	1867	2041
23	133	307	481	655	829	1003	1177	1351	1525	1699	1873	2046
24	139	313	487	661	835	1009	1183	1357	1530	1704	1878	2052
25	146	319	493	667	841	1015	1188	1362	1536	1710	1884	2058
26	151	325	499	672	846	1020	1194	1368	1542	1716	1890	2064
27	157	330	504	678	852	1026	1200	1374	1548	1722	1896	2070
28	162	336	510	684	858	1032	1206	1380	1554	1728	1901	2075
29	168	342	516	690	864	1038	1212	1386	1559	1733	1907	2081



# EXAMPLE: COMPUTING TOTAL SERVICE WITH UNUSED SICK LEAVE

$$\begin{array}{r} \text{TOTAL SERVICE} \\ 2015-12-31 \text{ (DOR)} \\ - 1983-03-12 \text{ (Ret-SCD)} \\ \hline 32-09-19 \end{array}$$

## Unused Sick Leave

1136 hours =

$$\begin{array}{r} + 00-06-16 \\ \hline 32-15-35= \\ 33-04-05 \end{array}$$

# HIGH - 3 AVERAGE SALARY

- Weighted average of highest 3 years of basic pay (including locality pay/local market supplement)
- Must be 3 consecutive years
- Is usually the last 3 years
- Is the highest salary, not the highest grade
- Normally, the beginning date of the 3 year period is determined by subtracting 3 years from the date of retirement



# CIVIL SERVICE RETIREMENT SYSTEM

## FORMULA FOR COMPUTING ANNUITY FOR VOLUNTARY RETIREMENT:

- 1.5% X High-3 avg salary X first 5 years of service  
**PLUS**
- 1.75% X High-3 avg salary X next 5 years of service  
**PLUS**
- 2.00% X High-3 avg salary X remaining service > 10 years  
(includes unused sick leave)

# REDUCTIONS

- Age Reduction (VERA/DSR)
- Deposit/Redeposit Service
- Election of Survivor Benefits
- Post-56 Military Deposit - (Applies to CSRS Employees hired before 10-01-1982, if eligible for Social Security; known as “Catch 62”)



# DEDUCTIONS

- Health Benefits
- Life Insurance
- Federal Income Taxes
- Federal Employees Dental and Vision Insurance Program (FEDVIP)
- Federal Long Term Care Insurance Program (FLTCIP)
- State Tax (if applicable)

# SURVIVOR ELECTION OPTIONS

☒ CURRENT Spouse  
Survivor Annuity ---Full  
(55% of your annuity)

☒ CURRENT Spouse  
Survivor Annuity ---Partial  
(55% of [amount](#))

☒ FORMER Spouse Survivor  
Annuity ---Full (55% of your  
annuity)

☒ FORMER Spouse Survivor  
Annuity ---Partial (55% of  
[amount](#))

☒ Combination Current /  
Former Spouse Survivor  
Annuity

☒ Self Only Annuity (No  
survivor benefit)

☒ Insurable Interest Survivor  
Annuity



# Calculating a Partial Survivor Annuity

Take the monthly amount desired, multiply by 12 and then divide by 55% (.55)

Example:

You and your spouse agree that you want them to receive \$980 per month. The calculations follow:

$$\$980.00 \times 12 = \$11,760.00 / .55 = 21,381.818$$

Round up to whole dollar amount of \$21,382 and write it on the line in block 2 of the SF 2801 Section F.



# SURVIVOR BENEFIT COST / REDUCTION

Cost = 2.5% of base annuity up to \$3,600  
plus  
10% of base annuity over \$3,600

Example: \$30,000 base annuity (Max elected)

$$\$3,600 \times 2.5\% = \$ 90$$

$$\$26,400 \times 10\% = + \$2,640$$

$$\text{Reduction/Cost} = \$2,730 \text{ yearly}$$

Survivor will receive 55% of base annuity = \$16,500 yearly

Example: \$30,000 base annuity (\$3,600 elected)

$$\$3,600 \times 2.5\% = \$90.00$$

$$\text{Reduction/Cost} = \$90.00 \text{ yearly}$$

Survivor will receive 55% of \$3,600 annuity = \$1,980 yearly

# SURVIVOR BENEFIT PAYMENTS

- The survivor benefit is payable for life unless the survivor remarries before age 55.
- Benefits will be restored if the remarriage terminates in death, annulment or divorce.

# DISABILITY RETIREMENT

- Disability - Unable to render useful & efficient service because of disease or injury
- Must be in a position covered by CSRS
- Must have a minimum of 5 years creditable civilian service
- Disability annuity **IS** subject to Federal tax

# Special NG Disability Retirement Provision (PL 97-253)

A NG technician may be eligible if:

- Involuntarily separated due to medical disqualification
- Not found by OPM as meeting criteria for a “regular” disability retirement
- Not appointed to another Federal position
- Not declined a reasonable job offer

# Special NG Disability Retirement Provision (PL 97-253)

## Waiver of Reconsideration and Appeal Rights

- Technician should sign a waiver statement indicating that he/she wants to be considered for benefits under the special disability provisions of PL 97-253.
- Statement should have printed or typed name and social security number.
- If OPM determines that the NG technician is not eligible for disability retirement under “regular” provisions, provided the required 30-day notice had been given, the technician must be separated.

# Special NG Disability Retirement Provision (PL 97-253)

## Waiver Example

I am applying for a “regular disability retirement” under the provisions of [5 USC 8337 (if CSRS)] due to my loss of military membership with the (state) Air/Army National Guard for medical reasons.

I understand the issuance and facts for considering approval for regular disability and hereby waive my rights for further reconsideration and appeals to the Office of Personnel Management (OPM) and the Merit Systems Protection Board (MSPB) should the application for regular disability be disapproved by OPM.

In addition, should the application for regular disability be disapproved, I hereby apply for benefits under the special disability retirement provisions of Public Law 97-253.



# DISABILITY RETIREMENT

Submit all regular retirement forms

PLUS

- SF 3112A – Applicant's Statement of Disability
- SF 3112B – Supervisor's Statement
- SF 3112C – Physician's Statement
- SF 3112D – Agency Certification of Reassignment & Accommodation Efforts
- FedMER Eligibility Statement ,applicable to CSRS Offset Employees Only (Submit SSA Application after date of separation)
- Waiver –PL 97-253 (If Applicable)
- Military Discharge Order (If Applicable)
- Written Notice of Proposed Involuntary Separation (If Applicable)

# DEATH-IN-SERVICE

- If you die while still an active employee, your survivor MAY be entitled to death benefits
- In the event of your death, your supervisor needs to contact your servicing Human Resources (HR) Representative or Human Resources Officer (HRO)
- HR will contact ABC-C
- An ABC-C specialist will contact the survivor within 24 hours

# DEATH-IN-SERVICE

Spousal Benefits: Monthly annuity (survivor benefits) payable if married to employee at least 9 months

**EXCEPTIONS** to the 9 months of marriage requirement:

- Spouse is the parent of a child of the marriage, or
- Death was accidental

# DEATH BENEFITS

Children's Benefit(s) are payable if:

- The child is unmarried AND under 18, or
- Under age 22 if full-time student, or
- Any age if disabled before 18
- Children's Benefit is the same if death-in-service or death as an annuitant

# DEATH BENEFITS

- Up to 3 children if a parent is living
  - 2014 rate is \$502 per month per child
  - More than 3 children, \$1,506 divided by # of children
- Up to 3 children if no living parent
  - 2014 rate is \$602 per month per child
  - More than 3 children, \$1,807 divided by # of children

# DESIGNATION OF BENEFICIARY

## **Beneficiary Forms:**

- **SF 1152 (Unpaid Comp)**
- **SF 2823 (FEGLI)**
- **SF 2808 (CSRS)**
- **TSP 3 (TSP)**



## **Order of Precedence:**

- **Court Order**
- **Designation of Beneficiary**
- **Widow or Widower**
- **Children (and/or descendants of deceased children)**
- **Parents**
- **Executor or Administrator of Estate**
- **Next of Kin**



# COST OF LIVING ADJUSTMENTS (COLA)

- The annual cost-of-living increase is based on the percentage increase in
  - the Consumer Price Index (CPI)
- Normally, the rates are effective December 1 of each year and payable in
  - the January 1 annuity check.
- An annuitant's first COLA is prorated based on the number of months on the annuity rolls prior to the COLA.
- A month is credited only if the annuity commenced on or before the last day of the month.
- The full COLA as prescribed by law will be received each year thereafter.
- The COLA for 2014 is 1.5%.

# WINDFALL ELIMINATION PROVISION (WEP)

- If you didn't pay Social Security taxes on your government earnings and you are eligible for Social Security benefits, the formula used to figure your benefit amount may be modified, giving you a lower Social Security benefit.
- WEP affects Social Security benefits when any part of your Federal service after 1956 is covered under the Civil Service Retirement System (CSRS). However, Federal service where Social Security taxes are withheld (Federal Employees Retirement System or CSRS Offset) will not reduce your Social Security benefit amounts.

# WINDFALL ELIMINATION PROVISION (WEP)

- WEP does not apply to survivors benefits. It also does not apply if:
  - You are a Federal worker first hired after December 31, 1983;
  - You were employed on December 31, 1983, by a nonprofit organization that did not withhold Social Security taxes from your pay at first, but then began withholding Social Security taxes from your pay;
  - Your only pension is based on railroad employment;
  - The only work you did where you did not pay Social Security taxes was before 1957; or
  - You have 30 or more years of substantial earnings under Social Security.

# GOVERNMENT PENSION OFFSET (GPO)

- If you receive a pension from a Federal, state or local government based on work where you did not pay Social Security taxes, your Social Security spouse or survivor's benefits may be reduced. You are exempt from the GPO if you were contributing to Social Security for your last 5 years of federal employment.
- Your Social Security benefits will be reduced by 2/3s of your government pension.
  - Monthly civil service pension - \$1,200
  - 2/3s offset to Social Security - \$ 800\*
  - Spouse or survivor benefit - \$1,000
  - Final amount due - \$ 200  
 $(\$1,000 - \$800^* = \$200)$

<http://www.socialsecurity.gov/gpo-wep/>

# NON-APPROPRIATED FUND (NAF) RETIREMENT PROCESSING

NAF Retirement System - Contact nearest NAF office

CSRS Retirement Plan – Contact the ABC-C



# RETURNING TO FEDERAL EMPLOYMENT

## IMPORTANT!!

If you are retiring and immediately being hired by NAF, transferring to other Federal employment, or returning as a reemployed annuitant, you must notify the ABC-C before your retirement is processed. This **should** prevent erroneous payout of your lump sum annual leave.



# FEHB IN RETIREMENT

Self Only



Self & Family

(Starting O/S for 2016 FEHB will also have Self Plus 1)

Additional Information:

<http://www.opm.gov/insure/health>

OPM Telephone: 1-888-767-6738

# FEHB IN RETIREMENT

- Retire on an immediate annuity
- Be insured on the date of retirement
- Covered for the 5 years of service prior to retirement **or** since your FIRST opportunity to enroll (special rules for VERA, VSIP and DSR, see next slide)
- Coverage as a family member under FEHB or CHAMPUS/TRICARE counts towards 5 year requirement (employee must be enrolled in FEHB prior to retirement)

# FEHB IN RETIREMENT

Pre-approved automatic waiver of 5-year requirement:

- Must be enrolled in FEHB on the first day of the buyout period (October 1 of the current FY) **and**
- Retire during the buyout period; **and**
- Receive a buyout (VSIP); **or**
- Take early optional retirement (VERA) as a result of early-out authority; **or**
- Take a DSR based on involuntary separation due to reduction in force

# FEHB IN RETIREMENT

- Cost of FEHB is the same for retirees and active employees except that premiums are paid on a monthly basis vs. bi-weekly
- Same Open Season and qualifying life event (QLE) opportunities as active employees
- Same FEHB plans available to retirees as active employees
- Once you cancel FEHB coverage in retirement, you can never re-enroll
- Retirement is not a qualifying life event for changing your FEHB enrollment
- At age 65, enrollment in Medicare is optional. If enrolled, it becomes your primary and your FEHB plan becomes your secondary provider.

# FEHB IN RETIREMENT

- Retirees can suspend FEHB for TRICARE, Medicaid (or similar state sponsored program) or Medicare Advantage (Medicare Part C) and return to FEHB coverage during Open Season or immediately upon involuntarily losing non-FEHB coverage.
- Retirees do not participate in Premium Conversion.
- Your spouse is eligible to continue FEHB coverage after your death only if you have Self and Family coverage and you elect to provide a survivor benefit at retirement.

# MEDICARE

- Part A (Hospitalization) – No Cost
  - Enroll at age 65
  - Enrollment is automatic at age 65 if you are receiving Social Security benefits
- Part B (Medical) – Monthly premium based on yearly adjusted gross income
- Part C –A plan offered by a private company
- Part D (Drug) – Monthly premium





# FEGLI IN RETIREMENT



Additional Information:

[www.opm.gov/insure/life](http://www.opm.gov/insure/life)

OPM Telephone: 1-888-767-6738

# FEGLI IN RETIREMENT

## CONTINUATION INTO RETIREMENT

- Retire on an immediate annuity
- Insured on date of retirement
- Enrolled in each Option and Multiple for the 5 years of service prior to retirement OR since your FIRST opportunity to enroll
- Election Form: SF2818 – Continuation of Life Insurance Coverage



# FEGLI IN RETIREMENT

## BASIC LIFE OPTIONS:

Basic Insurance Amount (BIA) is based on your final annual salary rounded up, plus

\$2,000. Ex:  $\$51,400 = \$52,000 + \$2,000 = \text{Amt of Basic Ins } \underline{\$54,000}$

<u>Options</u>	<u>Before age 65</u>	<u>After age 65</u>
1. 75% reduction	BIA x .3250 (per \$1,000) ex: \$17.55 per month	NO COST <i>Coverage reduces 2% per mth for 37.5 mths until it reaches a final value of \$13,500</i>
2. 50% reduction	BIA x .9650 (per \$1,000) ex: \$52.11 per month	BIA x .6400 (per \$1,000) ex: \$34.56 per month <i>Coverage reduces 1% per mth for 50 mths until it reaches a final value of \$27,000</i>
3. NO reduction	BIA x 2.2650 (per \$1,000) ex: \$122.31 per month	BIA x 1.9400 (per \$1,000) ex: \$104.76 per month

# FEGLI IN RETIREMENT

## OPTION A - STANDARD COVERAGE:

**(OPTION A - Standard = \$10,000)**

<u>Age Group</u>	<u>Monthly Cost</u>
Under 35	\$0.65
35 thru 39	\$0.87
40 thru 44	\$1.30
45 thru 49	\$1.95
50 thru 54	\$3.03
55 thru 59	\$5.85
60 thru 64	\$13.00
65 & above	NO COST

At age 65 coverage reduces by 2% per month for 37.5 months until it reaches \$2,500.

# FEGLI IN RETIREMENT

## OPTION B – ADDITIONAL COVERAGE

(1 – 5 MULTIPLES OF PAY):

OPTION B – Ex: Annual Salary \$51,400 1x Multiple elected = \$52,000

<u>Age Group</u>	<u>Mthly Cost @ \$1000</u>	<u>Mthly Cost</u>
Under 35	\$0.043	\$2.24
35 thru 39	\$0.065	\$3.38
40 thru 44	\$0.108	\$5.62
45 thru 49	\$0.173	\$8.99
50 thru 54	\$0.282	\$14.66
55 thru 59	\$0.498	\$25.90
60 thru 64	\$1.127	\$58.60
65 thru 69	\$1.343	\$69.84
70 thru 74	\$2.470	\$128.44
75 thru 79	\$3.900	\$202.80
80 & Above	\$5.200	\$270.40

FULL Reduction: At age 65, no cost & coverage reduces by 2% per month for 50 months at which time coverage will end.

NO Reduction: Coverage and premium will continue.



# FEGLI IN RETIREMENT

## OPTION C – FAMILY COVERAGE (1 – 5 MULTIPLES):

OPTION C – Spouse = \$5,000 (1x Multiple) / Each Child = \$2,500 (1x Multiple)

<u>Age Group</u>	<u>Mthly Cost per Multiple</u>	<u>Mthly Cost (1x)</u>
Under 35	\$0.48	\$0.48
35 thru 39	\$0.63	\$0.63
40 thru 44	\$0.91	\$0.91
45 thru 49	\$1.37	\$1.37
50 thru 54	\$2.04	\$2.04
55 thru 59	\$3.29	\$3.29
60 thru 64	\$5.85	\$5.85
65 thru 69	\$6.80	\$6.80
70 thru 74	\$7.80	\$7.80
75 thru 79	\$10.40	\$10.40
80 & Above	\$14.30	\$14.30



FULL REDUCTION: At age 65, no cost & coverage reduces by 2% per month for 50 months at which time coverage ends

NO REDUCTION: Coverage & premium continue



# TSP IN RETIREMENT



## Thrift Savings Plan

Telephone: 1-877-968-3778

TDD: 1-877-847-4385

Monday through Friday  
7:00 a.m. – 9:00 p.m. ET

Mailing Address:  
Post Office Box 385021  
Birmingham, AL 35238

<http://www.tsp.gov>

# THRIFT SAVINGS PLAN (TSP)

- Provides the opportunity to increase your retirement income with a choice of tax treatment for contributions:
  - Traditional (pre-tax) contributions and tax deferred investment earnings and
  - Roth (after-tax) contributions with tax-free earnings at retirement.
- You must be in a position subject to retirement deductions to contribute
- TSP offers two approaches to investing your money:
  - L Funds are “Lifecycle” Funds invested in a mix of stocks, bonds, & Government securities
  - Individual Funds are the G, F, C, S, I funds



# TSP FUNDS

- Government Securities Investment (G) Fund
  - Invested in short-term U.S. Treasury securities
  - Interest income without risk of loss of principal
  - Payment of principal & interest is guaranteed
  - Low risk
  - 10-year annual return: 3.61%
- Fixed Income Index Investment (F) Fund
  - Government, corporate & mortgage-backed bonds
  - Invested in bond index fund that tracks Barclays Capital U.S. Aggregate bond index
  - Offers opportunity to earn rates of return that exceed money market fund rates over the long term
  - Low to moderate risk
  - 10-year annual return: 5.25%

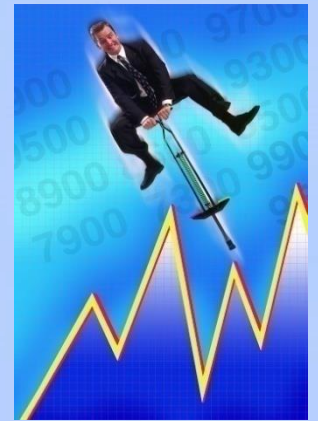


# TSP FUNDS (Cont.)

- Common Stock Index Investment ([C](#)) Fund
  - Stocks of large & medium-sized US companies
  - Invested in stock index fund that tracks the Standard & Poors (S&P) 500 stock index
  - Potential to earn high investment returns over the long term
  - Moderate risk
  - 10-year annual return: 7.12%
- Small Capitalization Stock Index ([S](#)) Fund
  - Stocks of small to medium-sized US companies
  - Invested in stock index fund that tracks Dow Jones Wilshire 4500 Completion (DJW 4500) index
  - Earn potentially higher investment returns over the long term than in the C Fund
  - Moderate to high risk (more than the C Fund)
  - 10-year annual return: 10.79%



# TSP FUNDS (Cont.)



- International Stock Index Investment (I) Fund
  - International stocks of 21 developed countries
  - Invested in stock index fund that tracks the Morgan Stanley Capital International EAFE (Europe, Australasia, Far East) index
  - Potential to earn high investment returns over the long term
  - Moderate to high risk
  - 10-year annual return: 8.39%
- Lifecycle (L) Fund
  - Each L Fund is invested in the individual TSP funds (G, F, C, S, I), using investment allocations that are tailored to different time horizons
  - Objective is to provide the highest possible rate of return for the amount of risk taken
  - Subject to the risks of the individual funds
  - Expected returns will be approximately equal to weighted average of the G, F, C, S, I Funds' returns

# LIFECYCLE FUNDS

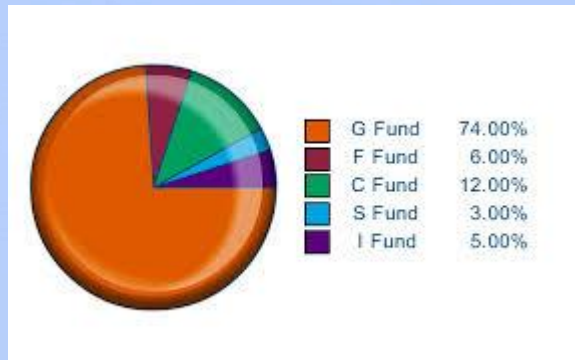


FUND	TIME HORIZON	GROWTH	RISK
L Income	Today and the near future	Low	Low
L 2020	2015 through 2024	Moderate	Moderate
L 2030	2025 through 2034	Moderate to High	High
L 2040	2035 through 2044	High	High
L 2050	2045 or later	High	High



# LIFECYCLE FUNDS

## FUND ALLOCATIONS



L FUND	G Fund	F Fund	C Fund	S Fund	I Fund
L Income	74%	6%	12%	3%	5%
L 2020	37.40%	7.35%	29.45%	9.40%	16.40%
L 2030	23.15%	8.35%	35.40%	13.40%	19.70%
L 2040	12.15%	9.35%	39.40%	16.70%	22.40%
L 2050	3.83%	7.67%	43.40%	18.70%	26.40%

# TSP PROJECTION



Amount of Annual TSP Contribution	# of Years to Contribute	Rate of Return (based on 10-year summary of annual returns for C Fund)	Projected TSP Account Balance
(15% of \$50,000) \$7,500	10	7%	\$144,463
(15% of \$50,000) \$7,500	20	7%	\$434,786
(15% of \$50,000) \$7,500	30	7%	\$1,018,236
(10% of \$50,000) \$5,000	30	7%	\$763,677
(5% of \$50,000) \$2,500	30	7%	\$509,118

# TSP IN RETIREMENT

## WITHDRAWAL OPTIONS:

- Automatic cashout (accounts less than \$200)
- Leave money in the TSP
- Age-based withdrawal
- Full Withdrawal
  - Single payment
  - Monthly payments
  - Life annuity
- Mixed Withdrawal
- Must begin to receive TSP funds by April 1 of the year following the year you are 70 ½



## HOW TO APPLY:

TSP-70 FORM - Withdrawal Request

# TSP MAKE-UP CONTRIBUTIONS

You are eligible to make-up missed TSP contributions if you meet all of the following conditions:

- You were placed in LWOP-US or separated from Federal civilian service to perform military service.
- You were released from military service on or after 08-02-1990.
- You were reemployed in or restored to a position covered by CSRS or FERS.
- REQUEST MUST BE SUBMITTED WITHIN 60 DAYS OF RETURN TO DUTY.

# TSP MAKE-UP CONTRIBUTIONS

If you contributed to TSP during your period of military service:

- The amount you can make-up will be reduced by the amount you contributed to your military TSP account.
- Your make-up contributions will not count against the current year's IRS limit.

# TSP MAKE-UP CONTRIBUTIONS

You will need to submit:

- Employee Request for TSP Make-up Contributions,
- DD 214(s) or military orders,
- Military Leave and Earnings Statements (LEs) to verify your TSP contributions while on active duty.

Provide your request form and documentation to your Local Human Resource Office.

For more information on TSPM, please see the TSP Fact Sheet, *TSP Benefits that Apply to Members of the Military Who Return to Federal Civilian Service*, on the TSP website. <http://www.tsp.gov>



# TSP CATCH-UP CONTRIBUTIONS

- Open to TSP participants age 50 or older
- Not eligible for agency automatic 1% matching contribution
- Limited to \$6,000 for year 2015
  - Must be contributing IRS yearly maximum, \$18,000 for 2015
  - Must make new election each year

Elections made via EBIS at <https://www.abc.army.mil>

# LONG TERM CARE INSURANCE (LTCI)

Want to talk with a Certified Long Term Care Insurance Consultant?

Tel: 1-800-LTC-FEDS (1-800-582-3337)

TTY: 1-800-843-3557

Mon - Fri 8 a.m. - 8 p.m. ET

Sat 9 a.m. - 5 p.m. ET

Closed Sun and Federal holidays.

<http://www.ltcfeds.com>



# FLEXIBLE SPENDING ACCOUNTS (FSA)

To receive more information regarding FSAs, please contact a SHPS counselor.

Retirees are not eligible to continue FSA.

Email: [FSAFEDS@shps.net](mailto:FSAFEDS@shps.net)

Telephone: 1-877-FSAFEDS (1-877-372-3337)

TTY: 1-800-952-0450

- Mon-Fri 9 a.m. – 9 p.m. ET
- Closed Weekends and Holidays
- <http://www.fsafeds.com>

# FEDERAL EMPLOYEES DENTAL & VISION INSURANCE PROGRAM (FEDVIP)

Can enroll in dental, vision, or both

Self Only

Self & One

Self & Family

## Dental Benefits

Diagnostic  
Preventative  
Emergency Care  
Restorative  
Oral/Maxillofacial Surgery  
Endodontics  
Periodontics  
Prosthodontics  
Orthodontics



## Vision Benefits

Diagnostic Services  
Preventative Services  
Eyewear

- Glasses
- Contacts



ENROLL AT

<https://www.benefeds.com>

1-877-888-3337

TTY 1-877-889-5680

# RETIREMENT ESTIMATE

- Request your retirement estimate no more than 5 years prior to your retirement eligibility date
- ABC-C will compute one retirement estimate per year
- Retirement estimate includes:
  - Verification of military & civilian service documented in your Official Personnel Folder (eOPF)
  - Calculation of amount of civilian deposit and/or redeposit owed
  - Impact of unpaid civilian deposit/redeposit & military deposit on your retirement annuity
  - Confirmation of your current FEHB & FEGLI enrollment & your eligibility to continue these benefits into retirement

# ABC-C RETIREMENT PROCESS

- 5 years prior to retirement eligibility:
  - Contact the ABC-C for retirement estimate & information
  - Call ABC-C with questions on retirement estimate
- 180 days prior to retirement:
  - Download forms from ABC-C website
  - Call ABC-C for help with the retirement forms
- 90-120 days prior to retirement:
  - Mail original retirement forms to ABC-C
  - Maintain personal copy
  - **Provide good retirement address & contact information**





# ABC-C RETIREMENT PROCESS

- 30-60 days prior to retirement:
  - Retirement package assigned to counselor
- ABC-C retirement counselor:
  - Verifies required forms and documents
  - Processes retirement package
  - Provides final retirement counseling
  - Retirement package is forwarded to DFAS



# ★ RETIREMENT PROCESS

- 2 - 4 weeks after retirement:
  - Final paycheck is received
  - Lump sum annual leave is paid
  - VSIP payments if applicable
- Approx. 8 weeks after retirement:
  - Receive 1<sup>st</sup> INTERIM payment
  - Receive letter from OPM with CSA number



Office of Personnel Management Retirement  
Operations Center  
P.O. Box 45  
Boyers, PA 16017

[www.opm.gov](http://www.opm.gov)

email: [retire@opm.gov](mailto:retire@opm.gov)

Tel: 1-888-767-6738

Social Security Administration [www.ssa.gov](http://www.ssa.gov)  
[www.medicare.gov](http://www.medicare.gov)

Tel: 1-800-772-1213

IRS Publication 721

[www.irs.gov](http://www.irs.gov)

Tel: 1-800-Tax-Form

# CHANGING or WITHDRAWING YOUR RETIREMENT

- Your request to change your date of retirement or to withdraw your retirement application must be in writing and
  - Must be signed
  - May be faxed to ABC-C
- If you are receiving a VERA and/or VSIP, your request should be signed by your CPAC/HR Professional
- Submit the request to ABC-C as soon as you have made a decision
- Changing or withdrawing your retirement **MAY** cause problems with your paycheck

# FOR ADDITIONAL RETIREMENT INFORMATION

## CONTACT THE ABC-C

- Toll Free 1-877-276-9287 FAX 1-785-240-6153
- Counselors are available from 6 am – 6 pm CT
- Website: <https://www.abc.army.mil>
- Mailing Address: 301 Marshall Avenue, Ft. Riley, KS 66442-5004

# ABC-C TELEPHONE CHART

Army Benefits Center - Civilian  
1-877-276-9287

Select:

1= Army Civilian

2= DCMA Civilian

**3= National Guard**

4= Non-Appropriated Fund or Uniformed Service  
Member

# ANY QUESTIONS?

