

## Deployment

**Airmen have  
Hawaiian  
New Year's in  
Iraq  
pg. 3**



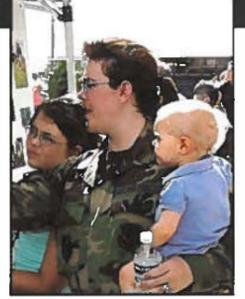
## Humanitarian

**CH-47 crew  
aids in WWII  
remains  
recovery  
pg. 4**



## History

**Air Guard  
celebrates  
60th  
anniversary  
pg. 5**



# Hawaii State Department of Defense

# pupukahi

pupukahi: "harmoniously united"

Vol. 42, No. 1

3949 Diamond Head Road, Honolulu, Hawaii 96816-4495

January - March 2007

## Calendar

### May 4-7

National Guard Bureau Marathon (in conjunction with Lincoln Marathon) Lincoln, Neb., Hawaii National Guard Marathon Team participants.

### May 19, Saturday

Armed Forces Day, open house at Hilo's Lyman International Airport, static display of Hawaii National Guard aircraft near the Civil Air Patrol hangar, 10 a.m. to 2 p.m.

### May 28, Monday

Memorial Day, federal and state holiday. Governor's Memorial Day ceremony at the Hawaii State Veterans Cemetery, Kaneohe, Hawaii.

### June 11, Monday

Kamehameha Day, state holiday only.

### June 14, Thursday

Flag Day and U.S. Army birthday.

### June 23, Saturday

Hawaii National Guard Youth CHALLENGE Academy graduation at Pearl City Cultural Center, 6:30 p.m.

### July 4, Wednesday

Independence Day, federal and state holiday, events at Schofield Barracks, Wahiawa and Marine Corps Base-Hawaii, Kaneohe.

### August 25-27

National Guard Association of the United States - 129th General Conference, San Juan, Puerto Rico.

### September 3, Monday

Labor Day, federal and state holiday.

## Hilo-based aviation unit deploying to Iraq

Story and photos by Sgt. 1st Class  
Stephen M. Lum  
117th Mobile Public Affairs Detachment

LYMAN FIELD, HILO, Hawaii – A departure ceremony was held April 9, to say Aloha to more than 70 Soldiers from Company C (Air Assault), 1st Battalion, 207th Aviation, the Hawaii Army National Guard's last non-deployed aviation asset, who will begin mobilization training at Fort Sill, Okla. The UH-60 Blackhawk helicopter unit, affiliated with the Alaska Army National Guard's 207th Aviation Regiment, will be deploying for a year to Iraq in support of Operation IRAQI FREEDOM.

### Medical evacuation mission saved lives

"For the last 10 months," said Capt. Douglas M. Westbrook, unit commander, "Charlie Company, was flying the Oahu aeromedical transportation mission." The Hilo-based unit was on state active duty, flying out of Wheeler Army Airfield, providing aeromedical transportation for critically injured residents during a peak 12-hour period, seven days a week, from rural communities to trauma centers in urban Honolulu. The air assault unit replaced the 25th Infantry Division (Light) unit that had been flying the medical evacuation mission for three decades. The Oahu MEDEVAC mission will temporarily be taken over by an Alaska active duty Army unit designated as Task Force 49.

"While performing the MEDEVAC mission, 207th transported 30 patients to Oahu hospitals," said Maj. Gen. Robert G.F. Lee, the Hawaii adjutant general. In addition, last year, they moved personnel, equipment and supplies to assist during flooding on Oahu and Kauai, and the earthquake on the Big Island of Hawaii.

We wish our Soldiers well and will celebrate their return next year, said Hawaii County Mayor Harry Kim. "We know they'll be



**FAMILY AFFAIR** - Staff Sgt. John M. Lowe and his son, Pfc. Cody A. Lowe, are joined by John's new wife, Kiana, during their interview with the media. The Lowes are one of two father-son teams deploying to Iraq with the Hilo, Hawaii-based Company C, 1st Battalion, 207th Aviation unit.

going as peacemakers and peacekeepers who are not involved in the politics of the war."

### Many Soldiers already Mideast war veterans

This will be the third tour in Balad, Iraq, for helicopter fuel handlers, Staff Sgt. Alan B. Allosada and Sgt. Benjamin K. Jury. They deployed with Co. C, 193rd Aviation (CH-47 Chinook helicopter unit) in 2004 and were assigned to the Co. A, 29th Support Battalion during the 29th Brigade Combat Team's 2005 mission. "The mission's the same for us," said Allosada, "but you learn to do things more efficiently and safer each time."

"I've been to Iraq in 1991, during Desert Storm and again in 1993," said Staff Sgt. John M. Lowe, a quality assurance supervisor, "but this time, I'll be going with my son, Pfc. Cody A. Lowe. I hope the training I've given him and his fellow Soldiers has prepared them for our mission."

"My wife's not very happy I'm going again," said Chief Warrant Officer Benjamin C. Kelly, a pilot, who deployed as an enlisted Soldier to Afghanistan with Hawaii Guard's aviation maintenance unit, Co. B, 193rd Aviation in 2003. "I'll be joined by my fa-

ther, Chief Warrant Officer Tim Kelly." (His dad was a colonel in the Oregon Army National Guard, who took a bust in rank to deploy with his son.)

### Aviation unit history lesson

Charlie Company traces its lineage back to April 1, 1981, but it wasn't until the early 1990s, with the creation of the 451st and later the 452nd Aviation Detachment, the unit moved into the 21st century. The units were flying the Vietnam-era UH-1H Iroquois (Huey) helicopters until November 1993, when they received their first of four UH-60A Blackhawks.

The 451st and 452nd combined to form the Combat Enhanced Capability Aviation Team (CECAT), a medical aviation detachment which provided medical evacuation support, Sept. 1, 1995.

Five years later, on Sept. 1, 2000, the CECAT was reorganized and designated as Company D, 1st Battalion, 207th Aviation, and added four more UH-60L model Blackhawks to the four upgraded UH-60s on hand. In February 2001, during their affiliation with the Fair-

**HILO AVIATION** -- continued on page 8

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# Command Notes

Maj. Gen. Robert G.F. Lee  
The Adjutant General

**O**n March 6, 2007, I became the first cabinet member of the Lingle Administration to be reconfirmed.

The full Senate vote was unanimous, and I am grateful that the legislature has such confidence in my abilities, but that vote is really an affirmation of the abilities of the Soldiers and Airmen of the Hawaii National Guard and the civilians of every division in the State Department of Defense. The department is held in such high regard, not because of any one individual, but because of the incredible team that we've been able to put together. I believe in putting the right people in the right positions and then letting them do their jobs. The result is an organization that is responsive to the needs of the people when called upon.

## Blackhawk unit answers Iraqi call

On the front page of this issue, there's an article on the mobilization of Company C, 1st Battalion, 207th Aviation. They're the last Blackhawk unit in the nation to be mobilized for duty in either Afghanistan or Iraq. We had asked the Defense Department to delay the unit's mobilization until after our CH-47 unit completed its tour of duty in Iraq and could have its aircraft overhauled. If we had had both rotary wing units gone at the same time, the State would've been placed in a difficult position in the event of a disaster. In fact, last year, in addition to the aero-medical evacuation mission conducted on Oahu, our UH-60 Blackhawks supported operations following the Kaloko Dam break and torrential flooding on Kauai, as well as conducting missions on the Big Island after the Oct. 15 earthquake. I know that they'll make Hawaii proud and will perform to the same high standards as those who've done year-long tours in Iraq or Afghanistan.

## Partnership with Indonesia started

Just over the horizon, the Hawaii National Guard will be starting a State Partnership Program (SPP) with Indonesia. This is a major initiative to help foster better relations between the world's most populous nation and the U.S. and to help contain the growing threat of terrorism that has been emerging in Southeast Asia. Almost all states have some sort of SPP with a developing democracy and Hawaii, of course, has been in a partnership with the Philippines for several years. What makes the burgeoning SPP with Indonesia so important though is the high-stakes nature of the relationship. As I mentioned, terrorism is on the rise there: and it is the world's largest Muslim nation. How we conduct ourselves and how we help foster modernity and moderation in Indonesia could have very far-reaching consequences for our nation. It is an honor that Hawaii has been selected to enter into this SPP, and it is a reflection of the confidence the Department of Defense has in the Hawaii National Guard.

## Departmental News

### National Guard Association can sign up for online notes

National Guard Association of the U.S. (NGAUS) members can sign up for electronic delivery of NGAUS NOTES at [www.ngaus.org](http://www.ngaus.org).

### Scholarships available

Homefront America has joined the W. Daniel Tate family and Sara's Hope Foundation for a second year to host a scholarship contest awarding \$1,000 to 25 military dependent children who write essays on one of four themes.

The organization is a member of America Supports You, a Defense Department program designed to connect U.S. citizens' support directly to troops and their families.

Essays should address one of four subjects:

- America: It's a wonderful country
- Turning challenges into opportunities
- Why I am proud to be an American
- My Dad / Mom: My Hero

Essays are due April 23 and should not exceed 500 words. Officials will announce winners in May.

Visit the Homefront America Website at [www.homefrontamerica.org](http://www.homefrontamerica.org) for full instructions and application procedures.

### Discount available to families of deployed troops

The Blue Star Card is a discount card for spouses

of deployed troops offered through the Morale Welfare Recreation (MWR) office.

The card offers spouses discounts at MWR facilities, activities and special events. The Blue Cards are valid through the entire deployment. If you are eligible, bring a copy of your spouse's orders, along with your military ID to the IAP office at Leilehua Golf Course (655-1620) or Fort Shafter Flats (438-0572). Please, call IAP offices for hours and locations, or fill out an application online at: [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com)

### What is Joint Basing?

Joint Base Executive Council

In 2005, the Department of Defense released the largest Base Realignment and Closure (BRAC) proposal in our history.

This initiative maximizes our warfighting capabilities, realigns our infrastructure within the future defense strategy, eliminates excess physical capacity, and capitalizes on opportunities for joint operations.

It also includes a concept called "joint basing" where two or more adjacent or nearby DoD installations are run by a designated service — be it Army, Navy or Air Force. By consolidating installation support services at conjoined or nearby bases under one military department, the Department of Defense hopes to

save \$2.3 billion over 20 years.

Under this BRAC recommendation, the Navy will be the lead (also called "supporting") service for the initiative here in Hawaii, and the Air Force will become the "supported" service. BRAC public law requires Joint Basing to be complete by 2011, but the Office of the Secretary of Defense (OSD) has established a more aggressive timeline, which includes starting the Joint Base transition period, or Initial Operational Capacity, by October 2007 and completing the Joint Base transition by October 2008.

"Believe me when I say this is a partnership between sister services sharing a common fence line. If we don't have a partnership, we won't succeed" said Capt. Taylor Skardon, commanding officer, Naval Station Pearl Harbor. "I agree with Taylor," said Col. J.J. Torres, 15th Airlift Wing commander. "We are committed to gaining efficiencies in common areas of base operations and through innovative merging of organizations where it makes sense. As I said before, we will succeed."

Naval Station Pearl Harbor and Hickam Air Force Base have established senior level committees to coordinate and facilitate the Joint Basing process. Joint teams were established, called Func-

tional Working Groups (FWGs), for each functional area of support (e.g., security, morale and welfare, facility maintenance) and subject matter experts from both Pearl Harbor and Hickam were identified to work on these groups. Their job is to define what each service does in their own functional area, compare the processes they each use, and determine efficiencies that can be achieved by combining their organizations.

Joint basing is intended to focus on efficiencies gained by joining com-

mon, base support functions, not core missions. The FWGs will make recommendations on which functions will best fit into a joint base environment. Another key element of joint basing is to establish Common Output Levels or COLs. The Air Force and Navy will fill out questionnaires that describe the level of support we currently provide (frequency of grass cutting, for example) and submit that information to OSD. OSD will then determine the "standard" that all joint bases will follow.



## pupukahi

State of Hawaii Department of Defense  
pupukahi: *harmoniously united*

The pupukahi is funded and published quarterly by the State of Hawaii, Department of Defense, 3949 Diamond Head Road, Honolulu, Hawaii 96816-4495. Phone (808) 733-4258, fax (808) 733-4236. It is an offset publication. Views and opinions expressed herein do not necessarily represent those of the Departments of the Army and Air Force. All photos are Hawaii National Guard photos unless otherwise credited. Circulation: 7,700.

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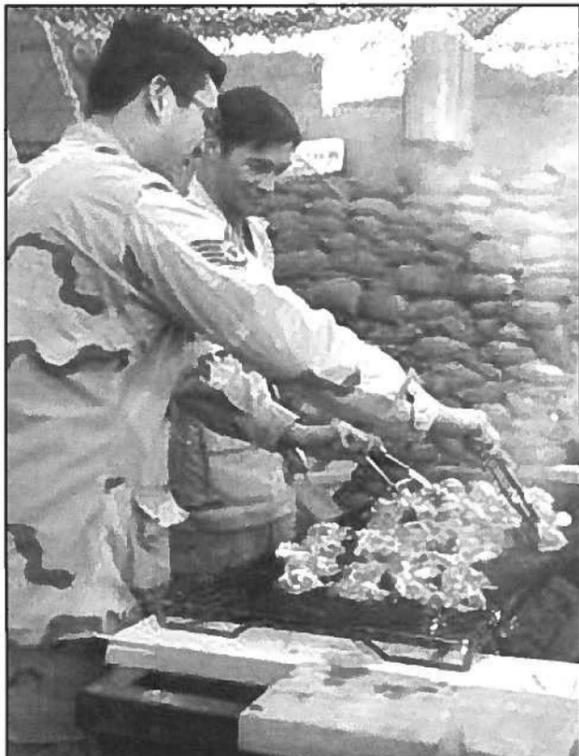
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**NEW YEAR'S IN IRAQ** – Two Airmen from the deployed 201st Combat Communications Group, help prepare a Hawaiian feast in the cold air.

## Hawaiian New Year's feast in Iraq

Story and photo by Staff Sgt. Darilyn Blancaflor  
447th Expeditionary Communications Squadron

SATHER AIR BASE, Iraq – Imagine, turning a 35-pound pig over a hot grill at seven in the morning, when it's 28 degrees outside, with a fire barrel nearby to keep us warm. Well, that's what the deployed members of the 201st Combat Communications Group, did in Baghdad, Iraq, this past New Year's eve.

Since they couldn't be home for New Year's, the Hawaii Airmen attached to the 447th Expeditionary Communications Squadron, brought a bit of the island flavors to Iraq. It was complete with *Spam* musubi, lomi lomi salmon, chicken long rice, fried noodles, Kalbi, BBQ chicken, fried rice, kim chee and haupia.

As people started to arrive, the Airmen cranked up the stereo playing Hawaiian music including Kapena and Fiji. To help everyone keep warm, fire barrels were set-up around a makeshift picnic area.

When the food was ready, the base chap-

lain blessed the food and everyone got in line to partake in the Iraqi Hawaiian feast.

The 125 guests included the group commander and his staff, the ladies who work at the base exchange (a couple of them are also from Hawaii), and even a few Hawaii Soldiers in the units here on Sather.

While everyone was eating, our radio maintenance shop set up the Karaoke system and the real party began. Everyone was a little bit shy at first but once the ice was broken, the microphone was hard to pry away from everyone's frozen hands. Even without alcohol, people still sang their hearts out! It was worth all the time and effort that everyone put in, from the 10-hour pig roasting to preparing all the local eats.

When the Baghdad clock hit midnight, everyone toasted the New Year with bottles of sparkling grape juice and lots of non-alcohol beers! This was definitely one New Year's party that no one in attendance will ever forget! Way to go 201st Combat Communicators!

## Exercise COPE TIGER builds international relations

By Staff Sgt. Betty J. Squatrito-Martin  
HQ 154 WG/PA

KORAT AIR BASE, Republic of Thailand — The skies over Korat Air Base are now silent, and all aircraft are in the chocks as Feb. 9 marked the end of Exercise COPE TIGER 2007.

COPE TIGER is a multilateral exercise between the Republics of Thailand and Singapore Air Forces and the United States military. Troops from the U.S. Air Force, Navy and Marine Corps trained alongside the Royal Thai and Singapore Air Forces in February at Korat and Udon Thani Air Bases, Thailand.

The exercise included large force employment, air defense, and trilateral civic assistance programs.

"The exercise offered us a chance to continue to build on military to military relationships with Thailand and Singapore," said Lt. Col. Irvin Higa, White Horse exercise intel control officer.

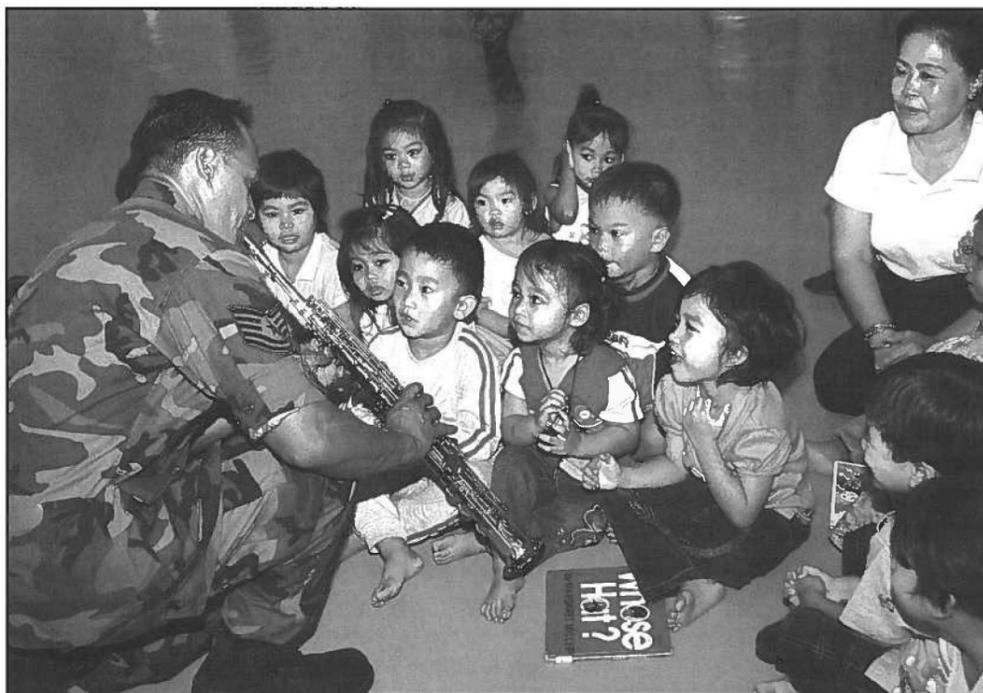
"Cope Tiger 2007 was a resounding success. Despite the many challenges we faced during the planning process, the U.S., Thailand, and Singapore forces demonstrated outstanding professionalism and dedication, safely executing over 1250 sorties," said Col. Vincent M. Farrell, U.S. exercise director. "The exercise provided realistic combat training, which improves our combined joint interoperability and promotes the already strong relations between our three countries," added Farrell.

The Hawaii Guard Airmen also made time to share a bit of Aloha with the local school by donating books and school supplies to the base pre-school.



Master Sgt. Kristen Higgins photo

**INTERNATIONAL AIRCREW** – Staff Sgt. Daryle Lum, from the 154th Maintenance Group, works with an airman from the Royal Thai Air Force to refuel an F-15 Eagle jetfighter during the Republic of Thailand Exercise COPE TIGER deployment in February.



**MUSICAL TREAT** – Tech. Sgt. Rey Godinez, 154th Aircraft Maintenance Squadron F-15 Eagle jetfighter crew chief, entertains preschool center children on his soprano saxophone during a break from his duties at Exercise COPE TIGER in the Republic of Thailand. Godinez, Senior Master Sgt. Rolf Oudraad and Staff Sgt. Brian Lampitoc were at the Korat Royal Thai Air Base, Wing 1 Preschool, to donate books they collected from the crew chiefs. The preschool children performed a traditional Thai dance to thank the Hawaii Air National Guard sergeants for their gifts.

Staff Sgt. Betty J. Squatrito-Martin photo

# Hawaii Guard CH-47 Soldiers assist in World War II pilot remains recovery

By Sgt. 1st Class Stephen M. Lum  
117th Mobile Public Affairs Detachment

WHEELER ARMY AIRFIELD, Wahiawa, Oahu — Hawaii Army National Guard's Army Aviation Support Facility, No. 1 team received a certificate of appreciation in January for once again



Warnke

answering the call in summer 2006. This time, it was to assist in the recovery of the remains of World War II pilot, Ensign Harry Warnke, whose F6F- Hellcat fighter crashed on a training mission, June 15, 1944, in the remote, steep and wind-swept

Koolau Mountain Range ravine on Oahu.

The Hawaii Army Guard's AASF #1, at Wheeler Army Airfield in Wahiawa, was the only military aviation asset to respond to the Hawaii-based Joint POW/MIA Accounting Command's request for airlift support to bring home one of our fallen heroes. Marine Capt. Alexander Vanston, representing his JPAC commander, Army Brig. Gen. Michael Flowers, presented the team with a certificate of appreciation.

## Mission goes back over 60 years

JPAC, the organization formed from the merging of Central Identification Lab and Joint Task Force Full Accounting in October 2003, started to pursue the retrieving of the 23-year old Navy ensign's remains at the urging of his 86-year-old sister, Myrtle Tice of Tucson, Ariz. She got word of a report noting that civilian hikers found pieces of the wreck 12 years ago. With the congressional push of Arizona Sen. John McClain, the case was reopened and in February 1999, a JPAC team recovered parts of the Navy Reserve pilot's plane wreckage. JPAC determined it would take more than two months and a 40-person team to excavate the highly inaccessible area.

## Environmental, social concerns addressed

In 2004, a JPAC team revisited the site near the H-3 Kaneohe-bound tunnel to access the mission and start the recovery process of the Westville, Ind., native. In addition to environmental assessments of the conservation land, great care was taken not to desecrate what is considered sacred Hawaiian ground. The recovery pitted the JPAC mission demanding the recovery of dead service personnel, against the federal statute protecting cultural and historical sites.

## CH-47s begin mission

"In April 2006, we started a month of hands on cargo net

and sling load training with the JPAC staffers," said Staff Sgt. David K. Van Buren, the Hawaii Guard's point of contact with JPAC. "Part of the train-up with the JPAC ground crews was to show them how to operate the release mechanism on the portable hook. Later, they began flight training by joining us on on-going and five reconnaissance missions."

## Warrant officer, NCO share mission coordination

When thanking the Guard for their assistance, Vanston singled out Staff Sgt. Van Buren for his efforts in streamlining operations through the NCO channels.

A team of Hawaii Army Guard aviators was carefully assembled by Chief Warrant Officer Oliver R. Kaloi, a Vietnam and Iraqi war veteran. The team, whose military service ranged from 10 to 40 years, also included Maj. Roger T. Pukahi, Capt. Joseph O. Tolentino, Chief Warrant Officer Wayne Y. Umeda, Sergeants 1st Class James E. Burkhart, Staff Sergeants Van Buren and Eric T. Crisostomo, and Sergeants Brandon M. Adriano, Shannon N. Massie and Dale W. Nimz.

These Afghanistan or Iraq veterans were eager to perform the hometown recovery mission, which was put on hold for 62 years. "The CH-47D Chinook helicopter aircrews of six included two pilots and four spotters," said Burhart. "We flew the recovery mission as normal day-to-day and emergency missions and weather permitting, would allow, from July to September."

A private helicopter flew in the 12-person civilian and military JPAC team during the initial July insert, while the Hawaii Army Guard's heavy-lift Chinooks brought in a load which included shovels, cargo nets, and water cans.

## Flying mission not for faint of heart

"The mission was not for the faint of heart," said Kaloi. "Our experienced spotters were stationed at the two open windows, the level-open tailgate and the cargo hole. Each spotter was responsible for keeping the pilots aware of any encroachment of the helicopter or its blades near the narrow ravine walls or the swing of the sling and its hook near

foliage, people or high-tension wires."

"Spotters were located at same side of aircraft on each mission so each was familiar with the terrain of that side," said Nimz. "The pilots knew each spotters voice and where they

were on the aircraft,

thereby, knowing which direction he needs to compensate to keep helicopter level and stable in the ravine."

"Depth perception was a challenge," said

Crisostomo, "Judging the ravine, slopes and pockets were more intense than watching for in-coming fire while deployed in Iraq."

"The average mission included four to five turnabouts," adds Kaloi, "was limited by high winds, power lines, and cloud cover. After negotiating the Koolau pockets, we flew off to drop the loads of mud tar to a work site at Schofield Barrack's East Range."

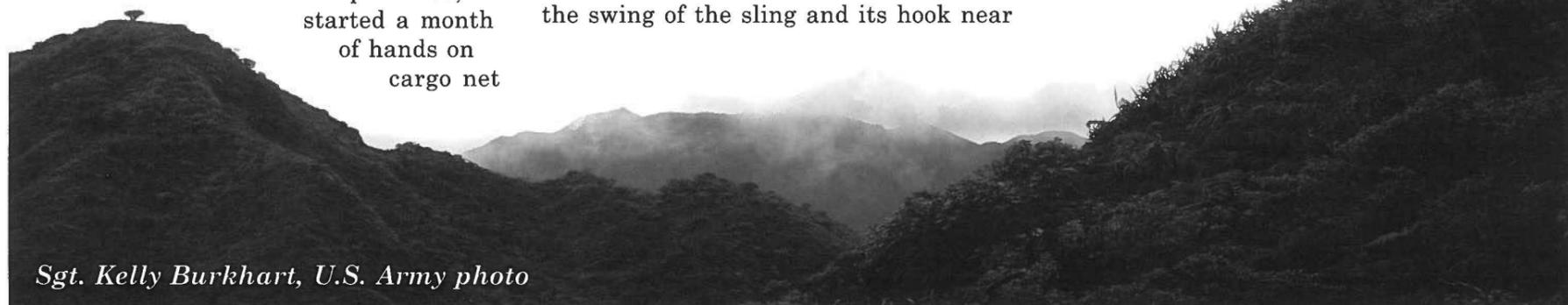
"Each mission lasted about two hours," said Burkhart. "The flight from Wheeler to the crash site was about 15 minutes, the hook-up time about 10 minutes, the flight from crash site to drop off site with sling load about 20 minutes and then back to the crash site for another load. This was repeated two to three times per mission."

"The sling length was 120 feet to allow for room in hovering close to the cliff walls," said Burkhart. "The hook release was manually done by the ground crew by turning a knurled knob on the portable hook to release the sling."

"But the 120-foot versus the normal 60-foot long sling," said Nimz, "increased the pendulum effect caused by the turbulence."

"When we did aircraft recovery missions in Iraq," said Burkhart, "it was not against mountains and with high winds and turbulence. In Iraq, most missions (moving cargo and passengers) were flown under cover of darkness," said Burkhart, "using night vision goggles. Aircraft recovery included two UH-60 Blackhawks during the day (gunship escorted) and one AH-64 Apache at night."

All tolled, the World War II recovery mission used 15 CH-47 flying hours to move more than 55 loads and 90 tons of mud tar.



Sgt. Kelly Burkhart, U.S. Army photo



## Hawaii Air Guard celebrates 60th anniversary

By Staff Sgt. Betty J. Squatrito-Martin  
HQ 154 WG/PA

HICKAM AIR FORCE BASE, Hawaii – The Hawaii Air National Guard capped their 60th year anniversary celebrations with an open house here Dec. 3.

The open house was the third in a series of special events designed to celebrate and acknowledge the HIANG's past, present and future.

Three of the original Guard members and hundreds of present Guard members and their families attended the event.

"I want to thank you all for coming today and extend a special thanks to our retiree's and especially to your families who have come to celebrate our 60th Anniversary," said Brig. Gen. Peter S. Pawling, 154th Wing commander, during the open house opening remarks. "Our families are an essential piece in the success of this organization, as they give of themselves, their time and energy in supporting us in carrying out our mission as one Guard *phana*."



INSIDE SCOPE – Master Sgt. Angela Walls explains the Chemical, Biological, Radiological Response Force mission.

HIANG family members and friends began arriving at Hangar 35 around noon. Most spent nearly three hours experiencing life in the HIANG. Attendees toured static displays of a C-17 Globemaster III, KC-135R Stratotanker, and an F-15 Eagle jetfighter along with other mission support equipment.

In addition to the static displays of HIANG aircraft, the open house attendees participated in a number of

activities including ring toss, fishing, sumo wrestling, rock climbing and a dunking booth.

A number of commanders, including Brig. Gen. Pawling, found themselves at the mercy of attendees with accurate throwing arms as they faced the *perils* of the dunking booths.

The dunking booth may have seen *perils*, but the 154th Maintenance Group personnel fed the potential *perils* of hunger, while the Civil Air Patrol cadets staved off heat and thirst by providing shave ice to those present at the event.

"The 154th maintainers solicited donations of and cooked 1,200 hamburgers, 2,000 hotdogs and 400 pounds of chili!" said Lt. Col. Tim Fujino.

"The support we received from the entire maintenance section was awe-inspiring," said 1st Lt. Jason Matsuoka. "Whether working aircraft maintenance or supporting events."

## F-22 Raptor jetfighters stop at Hickam



Tech. Sgt. Shane Cuomo, U.S. Air Force photo

HICKAM AIR FORCE BASE, Hawaii -- Twelve F-22 Raptor jetfighters stopped by here on their way to their first overseas deployment at Kadena Air Base in Okinawa, Japan. Hickam AFB members were given the opportunity to take a peek at their future fighter jet, Feb. 7. The Hawaii Air National Guard will be the first Guard unit to actually own F-22s, with the unit being an associate with the active duty Air Force. The combination of stealth, integrated avionics and supercruise drastically shrinks the possibility of surface-to-air missile engagement and minimizes enemy capabilities to track and engage the F-22. The F-22 will have better reliability and maintainability than any fighter aircraft in history requiring less than half as much airlift as an F-15 squadron to deploy. The Raptors were from the 27th Fighter Squadron from Langley AFB, Va.

# Who's most important?

By Rex Jones  
State Equal Employment Manager

You may think it selfish of me as I give you the true answer to the question I ask in the title of these thoughts. Who's MOST important? YOU are! Yeah, I know on the surface that sounds selfish: but it really isn't. Let me explain.

Have you ever been ill? What good were you to others when you were? How about when your mind is everywhere else but with the person you're next to? Ever have a bad day? Ever wonder why you're here to begin with? If you've ever asked those questions, you were failing yourself at the time. You truly are the most important person in the world. You cannot affect anyone or anything unless you're here 100 percent.

Now, in keeping with a premise of mine by making things simple, I'd like to talk to you about the four basic areas of your life. By the way, if you've read Stephen Covey, you already know this. But maybe you need a refresher so let me provide it.

The four basic areas of your life are the physical, mental, emotional, and spiritual. Everything falls into those four areas. Although someone has decided that we can only remember three things at a time, I know you're capable of remembering four. The key here is that you have to value yourself enough to balance all areas so that you can be fit to fight the everyday battles you encounter.

First, you know how important it is to be physically fit. Exercise is clearly important as is diet and rest. Now, keep in mind that too much of a good thing isn't really a good thing. Everything in moderation. If you don't have a regular exercise program, START NOW! It doesn't take a whole lot to do what you need to stay physically fit. Really! Take a twenty to thirty minute walk at lunch instead of hitting a fast food outlet! Eat healthy! That's tricky for me. I'd rather work out harder and eat what I want — I certainly could do better in this department. Also, get the right amount of rest for you. We're all different so we all need different types and lengths of rest. Figure out what works best for you and make it a habit to do that. Move around! Eat right! Rest well! Be physically fit!

Secondly, use your brain! Think! Listen! Okay, the former may be easier than the latter. More and more I'm learning that if you don't use it, you'll lose it. It refers to a lot of things. In particular, you'll lose your mind if you don't use it properly. Read!

# New faces in our hallways

The Hawaii Department of Defense welcomes Rex Jones and Susan Baumann to the staff. Both offices are in the Diamond Head area. Jones is in Building 306's Special Staff Office, while Baumann is in Building 300, the gym complex.

## Equal employment manager

Rex Jones currently serves as your State Equal Employment Manager (SEEM) for the Hawaii National Guard. As SEEM, his purpose is to promote the acceptance of persons in the workplace without regard to race, national origin, color, religion, gender, age or disability.

Jones is from Tacoma, Wash. He served in the U.S. Air Force for over 20 years. During most of those years, performed duties as an equal employment advisor. In 1988, he graduated from the Defense Equal Opportunity Management Institute, the premier Department of Defense School for race relations, and has been working in this arena ever since.

He was licensed to teach and mentor the *7 Habits of Highly Effective People*, various personality tests, is a certified mediator, and an ordained deacon. Additionally, he received a certificate for Professional Human Resources Management from Marquette University.

He holds an Associate Degree from the Community College of the Air Force in Social Services, a Bachelor's Degree in Workforce, Education and Development from Southern Illinois University, and a Masters Degree in Human Resource Management from Webster University. Upon retirement from the Air Force in 2004, he worked in the private sector as the human resources manager for the Bank of Kenosha.

Jones mentor everyone and anyone interested in listening to him. His mission is to share his knowledge regarding fair treatment with as many people as possible.

Jones and his wife, Tracy, have two sons and a daughter.

## Transition assistance advisor

Susan Baumann, the new transition assistance advisor, provides advice for Guard members and their families on understanding and obtaining benefits and services through the Veterans Administration, Office of Veterans Services, Veterans Service Organization and the Military Health Care System (TRIWEST Healthcare Alliance). She serves as a statewide point of contact and coordinator, providing assistance and referrals in resolving issues related to VA Healthcare, VA Benefits and Tri-Care. She works closely with the Hawaii Air and Army Guard, and Family Program offices, to ensure Guard members and their families are kept informed on their benefits, and of the many outreach programs available to them. Information provided include:

- Soldier and family re-integration (Operations IRAQI and ENDURING FREEDOM)
- Re-adjustment integration/Post-Traumatic Stress Disorder (PTSD)
- Tri-Care medical benefits
- Education benefits
- Veterans benefits
- Employer Support of the Guard and Reserve (ESGR)
- Funeral honors
- Family programs assistance

Baumann has lived on Oahu for the past ten years and currently resides in Ewa Beach with her two daughters.

She is a retired Senior Chief Petty Officer with over 20 years of active duty service in the U.S. Coast Guard. Her military background was in purchasing, contracting, and supply. She also worked as a recruiter for the Coast Guard, and upon her retirement, worked as a civilian recruiter for the U.S. Army's Blue to Green Program.

She can be reached at (808)672-1250, or Email her at [susan.baumann@ng.army.mil](mailto:susan.baumann@ng.army.mil).

# G-RAP Update

The Guard Recruiting Assistance Program (G-RAP) is a contracted program designed for individuals who voluntarily apply online at [www.GuardRecruitingAssistant.com](http://www.GuardRecruitingAssistant.com) to become eligible to serve as a part-time Recruiter Assistant (RA). The RA applicant will be verified and hired by a contractor, not the ARNG.

Upon enlistment, the RA will receive an initial payment of \$1,000, with a second \$1,000 payment upon successful shipment of a Non-Prior Service to Basic Training. As for a PS recruit, the RA will receive the initial payment of \$1,000 upon enlisting in the Army National Guard with SIDPERS and ARISS having been updated, and the second \$1,000 payment upon successful drilling of 120 days in their unit.

Hawaii has been participating in the GRAP for over six months now, and we have over 1,000 soldiers who are active Recruiting Assistants. Congratulations to the 87 Soldiers who have taken advantage of this program and brought in 140 Soldiers into the Guard for a total of \$280,000.

Listed below are our top 10 RAs who will receive \$2000 for every recruit who enlists and ships off to Basic Training.

Rick Domec, Co. A, 1-299 CAV	9
April Purcell, 12 PSD	6
Ryan Ramelb, HHC, 29 BST	4
Kristina Lord, 12 PSD	3
Matthew Nishida, Det. 1, HHT 1-299 CAV	3
Edmundo Gascon, Co. G, 29 FS BSB	3
Daniel Jamora, Co. A, 29 BSTB	3
Lady Vanessa Baclaan, Det. 1, 230 Engr Co.	3
Carl Hood, Btry. A, 1-487FA	3
Sisylyna Peterson, Co. C, 29 BSB	3

As of Sept. 22, 2006, your GRAP accessions qualify you and your family for healthcare insurance coverage. Plan includes medical, dental, vision and life insurance. There are two options available:

- 12-month individual healthcare is offered 30 days after verification of your first accession. Your payment for your next accession (\$2,000) is sent directly to the HMO (United Health-care).

- 12-month family healthcare is offered 30 days after verification of your third accession.

Your payments for your next three accessions (\$6,000) is sent directly to the HMO (United Healthcare).

Retirees from all services are now eligible to participate in GRAP. Log in to [www.guardrecruitingassistant.com](http://www.guardrecruitingassistant.com) for more information or contact Sgt. 1st Class DaveMohney at 672-1308.

## ESAR (Every Soldier is a Recruiter)

For those of you not eligible for the GRAP program (AGR, TECH, commanders, SGMs and 1SGs), there is the ESAR program. As of Nov. 13, 2006, the referral program incentive has increased from \$1,000 to \$2,000 for every soldier that completes AIT training. Retirees are eligible for this program as well. The difference between the two programs is that ESAR is only for NPS recruits and GRAP is for both. In the ESAR program, you can also nominate a soldier to participate in any of the Army services (Active Duty, Reserve or the National Guard). To nominate a recruit, you need to log onto <http://www.1800goguard.com/esar/> or call 1-800-464-8273. The recruit must be someone who has not talked to a recruiter already.



# Hawaii National Guard Family Program

Lt. Col. Laura Wheeler, State Family Program Coordinator

**T**he first quarter of 2007 has been busy for our Family

Program. As more Hawaii National Guard units prepare for deployment, the staff and volunteers have been engaged in events including the Guard Family Action Conference, Family Mobilization briefings, Marriage Enrichment Seminars and Hawaii Guard Youth Camp.

## Family Action Plan Conference held

From Jan. 26 to 28, the first Guard Family Action Plan Conference was held at the Doubletree Alana Hotel in Waikiki. Out of the 30 issues that were submitted, the top six issues were elevated and presented to the adjutant general. Critical and valuable information were provided by subject matter experts to clarify some concerns and answer questions. Unresolved issues are presently being elevated up the chain of concern/command. Follow up actions are being taken for continued growth and development and to provide better services for our Guard soldiers, airmen and families. A Big Mahalo to all the Family Readiness Groups/Volunteers who participated at this conference.

## More family mobilization briefings

During the entire month of January we continued to conduct Family Mobilization

Briefs addressing mission/family readiness and start up new Family Readiness Groups. Samantha Ligsay, our family readiness assistant, initiated ongoing FRG training to include a series of brown bag lunches for our full time workforce and anyone interested in attending. Subject matter experts are brought in to address various requested topics like stress management or financial readiness. January thru April, I have been assisting with the Post Deployment Health Risk Assessments (PDHRA) to ensure our soldiers and families receive follow up care. Lorna Souza, the Wing family readiness coordinator, has been very active with all of her Hawaii Air Guard units and FRGs providing training and deployment/reunion briefings.

## Marriage enrichment seminars held

In February and March, we conducted two more Marriage Enrichment Seminars in Kona and Maui. A big mahalo to Chaplain Leah Boling, Chaplain Bob Nagamine, Chaplain Assistant, Mike Dinneen, and JoAnne Yamamoto for assisting me as instructors and facilitators.

## Youth training for Guard kids

Also in February, Cliff Duro, the youth program coordinator, held a junior leader training session in preparation for the upcoming youth training camp.

In March, the annual Youth Training was held at the 298th Regional Training Institute,

Bellows Air Force Station. It was once again a major success. Thanks to all of our adult and youth volunteers, which included our partnership with the Hawaii Guard's Drug Demand Reduction and Weapons of Mass Destruction units, and, the 4-H. More than 75 Army and Air Guard youths from Kauai, Oahu, Big Island and Maui received leadership and team building training, drills and ceremony. 4-H provided activities that included nutrition awareness, healthy exercises and aeronautical engineering. An all-day excursion to the Hawaiian Waters Adventure Park provided the venue for water safety training. A grand tour of our KC-135 Stratotankers and F-15 Eagle jetfighters at Hickam Air Force Base gave the youths a behind the scene, in-depth look of what some of their parents do. A Hawaii Junior Leader Symposium will be conducted by Cliff Duro, in August. This symposium will train our some of our teens to be *junior leaders* and involve them in the planning of next year's youth training event and be involved in community projects.

Overall, our Family Assistance Center Staff have been actively providing services for post deployment follow up and, currently, new mobilization pre-deployment activities. It is a continued OPTEMPO for our Guard personnel, families and Family Readiness Groups. Our State Family Program Office continuously strives to provide the best service and support to keep our Hawaii Guard mission ready but, most importantly, family ready!!! Please feel free to call anyone of our FAC staff or our office at anytime.

## Events Calendar

July 22-26: National Guard Family Program Volunteer Workshop and Youth Symposium in Chicago and August 24-25: State Annual Family Program Workshop in Waikiki



Sgt. 1st Class Wayne T. Iha and James Young photos

1- Youth Camp 2007 closes with a *Pass in Review* held at the 298th Regional Training Institute during Spring break. 2- Participants make fruit kabobs during the 4-H Club session. 3- First Lt. Curtis Yoshimoto talks about the Hawaii Air National Guard emergency alert mission.

**How to reach us:** Check out our website at [www.dod.state.hi.us/family](http://www.dod.state.hi.us/family) if you have any questions or concerns relating to family matters. If you would like to be a part of a Family Readiness Group, contact your unit or call any of the following members of the Family Program State Advisory Team listed below:

<i>Kauai:</i> Barbara Nobrega . . . . . 651-4571	<i>Oahu</i>
<i>Hilo:</i> Leilani Kerr . . . . . 595-9092	Bobbie Kito-Hong . . . . . 674-9290
<i>Kona:</i> Jasmine Angelo . . . . . 640-0988	Shevon Garnett . . . . . 623-1441
<i>Maui:</i> Cody Hett . . . . . 357-6102	Kimo Palakiko . . . . . 239-2040
	Gynne Ramirez . . . . . 689-7506
	Gail Tamaribuchi . . . . . 258-2324

Lt. Col. Laura A. Wheeler, *State Family Program Director* . . . . . (808) 672-1442  
[laura.a.wheeler@us.army.mil](mailto:laura.a.wheeler@us.army.mil) Contact these individuals through the SFP director's office: Judi Lee, Paulette Chaves, Marcia Anderson  
 Lorna Souza, *Wing Family Readiness Coordinator* . . . . . (808)448-7049  
[lorna.souza@hickam.af.mil](mailto:lorna.souza@hickam.af.mil)  
 Samantha Ligsay, *Family Readiness Assistant/GFTB/GFAP* . . . . . (808) 228-2805  
[samantha.ligsay@us.army.mil](mailto:samantha.ligsay@us.army.mil)  
 JoAnne Yamamoto, *Family Assistance Center Coordinator /Family Program Assistant* [joanne.yamamoto@us.army.mil](mailto:joanne.yamamoto@us.army.mil) . . . . . (808) 672-1438  
 Clifford Duro, *Youth Program Coordinator* [lefty.d.duro@us.army.mil](mailto:lefty.d.duro@us.army.mil) . . . . . (808) 672-1439

## Family Assistant Centers

*Oahu:* State Family Program Office: 22nd Ave., Bldg. 300, Honolulu Harriet Kuni: 672-1441  
*Hawaii County:* Hilo Armory: 1046 Leilani St., Hilo Dave Ferreira: 935-4954  
*Maui County:* Puunene Armory: 2701 Mokulele Hwy., Kihei Georgette Pelekai: 268-8005C  
*Kauai:* Hanapepe Armory 1-3460 Kaunualii Hwy. Milton Oshiro: 346-5319C



# Awards and Recognition

## Legion of Merit

Col. Blaine O. Ogata, HIARNG Element, JFHQ  
Col. Bruce A. Jahnke, HIARNG Element, JFHQ

## Meritorious Service Medal

Col. Kenneth M. Tenno, HIARNG Element, JFHQ  
Lt. Col. Neil Yamashiro, HQ STACR, HIARNG, 3rd OLC  
Chief Warrant Officer Michael E. Mulhern, C Co., 1st Bn., 207th Aviation  
Warrant Officer Balentin Meza, HIARNG Element, JFHQ Hawaii, 2nd OLC  
Command Sgt. Maj. Bert Yanagida, HQ, 103rd Troop Command, 2nd OLC  
Sgt. Maj. John Y. Yakushiji, HQ, 103rd Troop Command, 2nd OLC  
1st Sgt. Joseph Lawrence Jr., HHD, 103rd Troop Command  
Master Sgt. Parker K. Kanekua, HQ STACR (-), 2nd OLC  
Master Sgt. Harry C. Miller, HIARNG Element JFHQ, 2nd OLC  
Master Sgt. Herberto Quintana, Recruiting  
Master Sgt. Alton L. Tatum, HQ, 103rd Troop Command, 2nd OLC  
Sgt. 1st Class Dana W. Wingad, 2nd Bn., 298th Reg., MFTB, 1st OLC  
Staff Sgt. Amy A. Aguil, Det. 1, 230th Engineer Co, 3rd OLC

## Air Medal

Chief Warrant Officer Lincoln M. Ishii, C Co., 193rd Aviation

## Army Commendation Medal

Sgt. 1st Class Lisa A. Dias, Recruiting & Retention Div., 4th OLC  
Sgt. Andrew T. Yim, 93rd Weapons on Mass Destruction (Civil Support Team)

## Air Force Commendation Medal

Capt. Ryan S. Endo, 154th Medical Group  
Tech. Sgt. Richard W. Costa Jr., 154th Mission Support Flight  
Staff Sgt. Shelly R. Madrid, 154th Security Forces Squadron

## Army Achievement Medal

Sgt. Gloria A. Leiu, HHD JFHQ  
Sp. Abraham A.W. Aurio, Co. A, 29th Bde. Special Troops Bn. (Engineer)  
Sp. April Maureen C. Cacho, Co. C, 29th Bde. Spt. Bn. (Medical)  
Sp. Daniel R. Jamora, Co. A, 29th Bde. Special Troops Bn., 1st OLC  
Sp. Alejandro Seguritan, Co. C, 29th Bde. Spt. Bn.  
Pfc. Lady Vanessa L. Baclaan, Det. 1, 230th Engineer Co.  
Pfc. Leah C. Domec, Co. B, 445th Aviation  
Pfc. Rick C. Dome, Troop A, 1st Bn., 299th Cavalry  
Pfc. Kristina E. Lord, 12th Personnel Det.  
Pfc. April R.F. Purcell, 12th Personnel Det.  
Pfc. Ryan D. Ramelb, HHC, 29th Bde. Special Troops Bn.

## Air Force Achievement Medal

Capt. Ian B. Beltran, 154th Civil Engineering Squadron  
Master Sgt. Darren M. Atabay, 154th Civil Engineering Squadron  
Master Sgt. Luke K. Sakanashi, 154th Civil Engineering Squadron  
Tech. Sgt. Rex C. Hadlich, 154th Civil Engineering Squadron, 1st OLC  
Tech. Sgt. Timo A. Satola, 154th Civil Engineering Squadron, 1st OLC  
Tech. Sgt. Roy T. Takamoto, 154th Civil Engineering Squadron

Staff Sgt. Robert Grillo Jr., 154th Civil Engineering Squadron  
Staff Sgt. Caplan H. Hashimoto, 154th Civil Engineering Squadron  
Staff Sgt. Jose M.L. Lujan II, 154th Civil Engineering Squadron  
Staff Sgt. Brandon J. Ozaki, 154th Civil Engineering Squadron  
Staff Sgt. James A. Richardson, 154th Civil Engineering Squadron  
Staff Sgt. Clinton K.A.A. Rodriguez, 154th Civil Engineering Squadron  
Senior Airman Byron A. Cooper, 154th Civil Engineering Squadron  
Senior Airman Roger F. Yurko, 154th Civil Engineering Squadron

## Hawaii National Guard Distinguished Service Order

Lt. Col. Kenji Tokuda, Northern Army, Japan Ground Self Defense Force  
Master Sgt. Luke D. Octavio, HHC, 29th Infantry Brigade Combat Team

## Hawaii National Guard Medal for Merit

Col. Ronald C. Han Jr., 154th Maintenance Group  
Col. Joseph K. Kim, 1545th Operations Group  
Col. Stanley J. Osserman Jr., 154th Mission Support Group  
Master Sgt. Aaron Kito-Hong, HIARNG Element, JFHQ

## Hawaii National Guard Commendation Medal

Lt. Col. Wayne A. Yamashita, Modularity Coordination Cell  
Maj. Mark E. Ladtkow, 154th Operations Support Flight  
Maj. Vern K. Sasaki, 154th Medical Group  
Capt. Brian K. Abrigo, HQ, HIANG

Capt. Joseph O. Tolentino, Modularity Coordination Cell  
Capt. Auredith T. Tumpap, Modularity Coordination Cell  
Capt. Doreen Uwehara, Modularity Coordination Cell  
1st Lt. Jason N. Matsuoka, 154th Aircraft Maintenance Squadron  
Command Sgt. Maj. Johan S.H. Huh, HHB, 1st Bn., 487th Field Artillery  
Senior Master Sgt. Vernon J. Palomares, 154th Aircraft Maintenance Squadron  
Master Sgt. Shawna L.L. Gaskins, 154th Maintenance Squadron  
Master Sgt. Peter K.Y. Kwok, 154th Maintenance Operations Flight  
Tech. Sgt. Richard W. Costa Jr., 154th Mission Support Flight  
Sgt. Arthur Gacutan, HHT (-Det.1), 1st Sqd., 299th Cavalry (RSTA)  
Staff Sgt. Rita R. Miller, 291st Combat Communications Squadron  
Senior Airman Pulepule M. Lauofo, 154th Operations Flight  
Senior Airman Ryan W.H. Yung, 154th Operations Group  
Steven M. Alvarez, George Group, Dallas, Texas

## Hawaii Air National Guard Launa Ole awards

Full-time Field Grade Officer of the Year  
Maj. Mark E. Ladtkow, 154th Operations Support Flight

Traditional Field Grade Officer of the Year  
Maj. Vern K. Sasaki, 154th Medical Group

Full-time Company Grade Officer of the Year  
1st Lt. Jason N. Matsuoka, 154th Aircraft Maintenance Squadron

Traditional Company Grade Officer of the Year  
Capt. Brian K. Abrigo, HQ, HIANG

First Sergeant of the Year  
Senior Master Sgt. Vernon J. Palomares, 154th Aircraft Maintenance Squadron

Full-time Senior Non-commissioned Officer of the Year  
Master Sgt. Shawna L.L. Gaskins, 154th Maintenance Squadron

Traditional Senior Non-commissioned Officer of the Year  
Master Sgt. Peter K.Y. Kwok, 154th Maintenance Operations Flight

Full-time Non-commissioned Officer of the Year  
Tech. Sgt. Richard W. Costa Jr., 154th Mission Support Flight

Traditional Non-commissioned Officer of the Year  
Staff Sgt. Rita R. Miller, 291st Combat Communications Squadron

Full-time Airman of the Year  
Senior Airman Pulepule M. Lauofo, 154th Operations Flight

Traditional Airman of the Year  
Senior Airman Ryan W.H. Yung, 154th Operations Group

447th Communications Squadron, Sather AB (BIAP), Iraq  
Monthly Awards  
October 2006  
(NCO) Staff Sgt Brian Sagayaga, 292nd CBCS

November 06  
(Airman) Senior Airman Cheryl Lee, 292nd CBCS  
(NCO) Tech. Sgt B.J. Nesbitt, 292nd CBCS  
(SNCO) Master Sgt. Jerry Wadsack, 293rd CBCS

(Squadron Saber Team)  
Voice Shop -  
Master Sgt. Jerry Wadsack, 293rd CBCS  
TSgt Michael Araki, 291st CBCS  
Senior Airman Jeremiah Kamikawa, 293rd CBCS  
Senior Airman Bryant Loria, 293rd CBCS

December 2006  
(Airman) Senior Airman Bryant Loria, 293rd CBCS  
(NCO) Tech. Sgt. Lawrence Lee, 293rd CBCS  
(SNCO) Master Sgt. Mark Taketa, 291st CBCS  
January 2007  
(Airman) Senior Airman Jarvis Uehara, 293rd CBCS  
(SNCO) Master Sgt. Steven J. Kau, 293rd CBCS

(Squadron Saber Team) Tech Control Shop -  
Master Sgt. Calvin Yonamine, 293rd CBCS  
Master Sgt. Steven J. Kau, 293rd CBCS  
Staff Sgt. Zalito Portacio, 293rd CBCS  
Staff Sgt' Darlyn Blancaflor, HQ 201st CCG  
Senior Airman Jarvis Uehara, 293rd CBCS

Warrior of the Week  
Senior Airman Billy Tomas, HQ 201st CCG  
Staff Sgt. Bert Kawasaki, 293rd CBCS

1st Sergeant Diamond Award  
Senior Airman Cheryl Lee, 292nd CBCS

(Airman) Senior Airman Kelton Luat, 297th ATCS  
(SNCO) Master Sgt. Irving Bicoy, 297th ATCS

## HILO AVIATION -- continued from page 1

banks, Alaska 207th Aviation Regiment, they joined Alaska aircrews in Central America to help rebuild areas that were savaged by a record hurricane. They supported New Horizons 2001 - a program involving building schools and hospitals, drilling wells and providing medical assistance to Central American countries. Blackhawk helicopters flew personnel and supplies throughout Honduras and Guatemala.

The unit was again reorganized and redesignated, this time as Company B, 1st Battalion, 168th Aviation, Sept. 1, 2002. The split-state parent battalion was now located in Tacoma, Wash., as part of the Washington Army National Guard.

Last September's reorganization and redesignation represents the current affiliation, which is again with Alaska's 207th Aviation Regiment.

This may be the unit's first deployment, but it will be the second in support of Operations IRAQI or ENDURING FREEDOM for 19 of the Hawaii Guard Soldiers.

Vietnam veteran, Sgt. 1st Class Lawrence R.M. Mochizuki, said it all, it's our job (the old-timers) to take care of the young guys and to teach them to take care of each other.

**JUST VISITING** - Staff Sgt. Alan B. Allosada, a helicopter fuel handler, carries his 2-year-old grandson, C.J. Tadiarca-Warner, before leaving on his third tour of duty with the Hawaii Army National Guard in Iraq.



Sgt. 1st Class Stephen M. Lum photos  
**MISSION READY** - Soldiers from Hawaii Army National Guard's Company C, 1st Battalion, 207th Aviation, participate in a departure ceremony held at their Hilo, Hawaii, headquarters at Lyman Field, Hilo, Hawaii, April 9.

## Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change.

Hawaii Army National Guard	May	Jun	Jul
HHD, Joint Forces HQ	none	23-24	14-15
298th Regional Training Institute	12-13	2-3	7-8, 21
Regional Training Site-Maintenance	12-13	9-10	14-15
Recruit Sustainment Program	12-13	2-3	7-8
29th Infantry Brigade Combat Team	5-6	13-14	7-8
HHT, 1st Sqd., 299th Cavalry	5-6	22-24	13-15
1st Bn, 487th Field Artillery	5-6	13-15	7-8, AT
HHC, 29th Bde. Support Bn.	5-6	6-10, AT	7-8
103rd Troop Command	5-6	2-3	7-8
12th Personnel Service Det.	5-6	8-10	7
111th Army Band	7, 14, 21	4, 18, 25	2, 9, 23, 30
230th Engineer Co.	5-6	2-3	7-8
297th Firefighting Team	12-13	2-3	7-8
Co. B, 445th Aviation	19-20	29-30	21-22
Det. 1, HHC, 1st Bn., 171st Aviation	5-6	2-3	7-8
Co. B, 1st Bn., 171st Aviation	5-6	2-3	22
Co. C, 1st Bn., 207th Aviation	mobilized	mobilized	mobilized
<b>Hawaii Air National Guard</b>			
HQ, Hawaii Air National Guard	2-3	9-10	7-8
154th Wing	5-6	9-10	7-8
201st Combat Communications Group	5-6	9-10	7-8