

**HAWAII NATIONAL GUARD  
YOUTH CHALLENGE ACADEMY – HILO CAMPUS**

**Mandatory Packing List (Revised January 2023)**

***"If it's not on the list, it's NOT allowed"***

**To be worn on In Processing Day:**

- ☐ White t-shirt, black shorts, white mid-calf socks, and black running shoes

**To be hand-carried:**

- ☐ Government issued ID
- ☐ Any original enrollment paperwork due to the Outreach Office

**To be packed: (Mark all hygiene products with candidates LAST NAME ONLY)**

- ☐ 5 plain white t-shirts (No "V" neck styles)
- ☐ 5 pairs of black athletic shorts (sewn pockets)
- ☐ 5 pairs of spandex shorts (black or gray)
- ☐ 10 pairs of cotton underwear (solid colors only)
  - Males – long briefs, NO boxers
  - Females – NO lingerie, thong, bright, or pattern styles
- ☐ 10 pairs of white mid-calf socks ONLY
- ☐ 1 plain set of sweatshirt and sweatpants (black or gray, NO hoods, pockets, or zippers)
- ☐ 1 extra pair of black running shoes
- ☐ 1 black shoe polish (NO liquid)
- ☐ 1 pair of rubber shower slippers/slides (black, NO crocs)
- ☐ 2 bath towels
- ☐ 2 washcloths
- ☐ Toothbrush
- ☐ Toothbrush holder
- ☐ 2 tubes of toothpaste
- ☐ 12 pack of bath bar soap (NO gel body wash)
- ☐ Plastic bar soap holder
- ☐ 2 tubes lip balm (NON flavored)
- ☐ 2 sticks of deodorant (NON aerosol)

- ☐ Address book with mentor, family, friend information (NO spiral)
- ☐ 1 box of envelopes
- ☐ 1 book of first class stamps
- ☐ 4 pencils, #2 (NO mechanical)
- ☐ Lined letter writing paper
- ☐ 2 standard dial combination padlocks
- ☐ 1 USB drive
- ☐ 5 cloth face masks (Optional)
- ☐ Prescription eyeglasses if needed (NO contact lenses)
- ☐ 1 month supply of NON scented sunscreen (To be given to the Nurse)

**Additional FEMALE required items:**

- ☐ 5 sports bras (white, black, or gray)
- ☐ 2 bottles of lice shampoo/treatment (To be given to the Nurse)
- ☐ Hair gel (NON alcohol, NON scented)
- ☐ 1 hairbrush or comb
- ☐ 2 large bottles of shampoo & conditioner
- ☐ 4 packs of hair bands (color matched to hair)
- ☐ 1 bottle of scalp oil (for textured hair)
- ☐ 1 large box of pads and/or tampons
- ☐ 1 loose rash guard

**Recommended by not mandatory:**

- ☐ 1 bottle medicated face cream
- ☐ 1 bottle unscented body lotion
- ☐ 1 bottle medicated foot powder
- ☐ Gel insoles for boots
- ☐ 1 spiritual or motivational book
- ☐ MAXIMUM of 5 personal photos 3x5 (NO tobacco, alcohol, nudity, or gang signs)
- ☐ 1 box of 500 q-tips
- ☐ 2 pump bottles of hand soap

**NO ALCOHOL BASED PRODUCTS, NO AEROSOL PRODUCTS.**

**ALL CONTRABAND ITEMS WILL BE RETURNED TO PARENTS/GUARDIANS IMMEDIATELY**

## Bring only the items on the packing list

- No jewelry, cell phones, or other electronic devices.
- No money.
- Remove all body piercings before arriving.
- Bring all your items in a large sturdy plastic hefty bag.
  - No suitcases, duffel bags, purses, or wallets.
  - Neighbor island applicants may bring one suitcase.

### Clothing/shopping tips:

- New clothing items are not necessary, do not buy expensive clothing.
- Shirts and socks are to have no name brand logo showing on the outside of clothing.
- Small logos and running shoes and shorts are allowed.
- Shorts are to be middle or lower thigh in length.
- No short shorts or shorts below the knees are allowed. Overly baggy or tight clothing is not permitted.

### Female hair style:

- Have hair up in a bun or short enough so that it does not pass your shoulders.
- Hair must be all one natural color.
- No extensions or beads are allowed.

### Medications:

- If you are taking any medications do not stop taking anything before arriving.
- All medications will be checked and signed in at the medical aid station.
- Bring all your medications with you in the original prescription bottle with YOUR NAME ON IT.

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